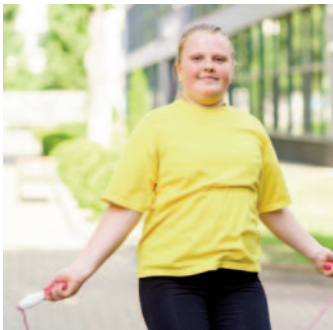




FRIDAY,
JAN 26, 2024

REGISTER TODAY



pediatric **OBESITY** **CONFERENCE**

Tools to Empower Primary Care

REGISTRATION 7:30 am • **PROGRAM** 8:00 am – 2:15 pm

The William F Andrews Center
3024 New Bern Ave, Raleigh, NC 27610

Pediatric obesity is one of the most pressing challenges facing the health of youth and has escalated with the COVID pandemic. Pediatricians and other pediatric medical providers rarely receive specific training in managing obesity in children as part of their medical education curriculum or training programs. This conference will address topics in the management of pediatric obesity, including how to discuss this sensitive topic using motivational interviewing techniques and understanding how to effectively treat pediatric obesity using lifestyle changes, medications and/or bariatric surgery. Additionally, the pediatric obesity clinical practice guidelines were recently released by AAP in January 2023 on the evaluation and treatment of pediatric obesity. Join the WakeMed Pediatric Weight Management Program as we discuss managing children and teens with obesity.

Target Audience

Providers in Family Medicine and Pediatrics, Registered Nurses, Dietitians and Health Educators and other healthcare professionals working with pediatric and adolescent patients

TO REGISTER VISIT
www.wakeahec.org

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TRAIN
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Agenda

7:30 am	Registration and Breakfast
7:55	Welcome and Introduction Samareh Hill, MD
8:00	Updates on New 2023 AAP Pediatric Obesity Clinical Practice Guidelines Samareh Hill, MD
8:30	Shifting from Weight to Health – WakeMed Pediatric Primary Care's Experience Elizabeth Cleland-Roberts, MD
9:00	Comorbidity Evaluation and Management Shirley Huang, MD
9:30	Dietary Shifts Made Easy Lacey Anderson, RD and Lee MacCabe, RD
10:00	BREAK
10:15	The Importance of Body Image Stephanie DeAngelis, LCMHC
10:45	Joyful and Fun Activity Resources for the Family Joelle Sevio, RDH
11:15	Patient Story
11:45	Lunch
12:45 pm	Weight Loss Pharmacotherapy in Primary Care Rebecca Manganello, DO
1:15	Adolescent Bariatric Surgery and Long-term Concerns Bala Thatigotla, MD
1:45	Live Cooking Demonstration on Healthy Snacks Olivia Fassino, RD
2:15	Closing Remarks Samareh Hill, MD

Faculty

Samareh Hill, MD, MPH, FAAP, Dipl of ABOM

Conference Course Director
Medical Director, Pediatric Weight Management Program
WakeMed Health & Hospitals
Assistant Professor
Campbell University School of Osteopathic Medicine

WakeMed Health & Hospitals

Lacey Anderson, MS, RD, LDN

Registered Dietitian, Cardiac Rehab

Elizabeth Cleland-Roberts, MD, FAAP

Pediatric Primary Care

Stephanie DeAngelis, LCMHC

Behavioral Health Counselor

Olivia Fassino, MS, RD, LDN

Pediatric Dietitian

Shirley Huang, MD, DABOM

Associate Medical Director
Pediatric Weight Management Program
Pediatric Lipid Program

Lee MacCabe, RD, LDN

Registered Dietitian

Rebecca Manganello, DO, DABOM

Bariatrician
WakeMed Bariatric Surgery and Medical Weight Loss

Joelle Sevio RDH, BS, CPT, CMES

Exercise Specialist, Healthworks Fitness & Wellness Center

Bala Thatigotla, MD, MBA, FACS, FASMBS, CHCQM, DABOM

Medical Director, Bariatric Surgery and Medical Weight Loss

Credit



CME: Wake AHEC designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should claim only the

credit commensurate with the extent of their participation in the activity.

The Wake Area Health Education Center is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

ANCC and the North Carolina Board of Nursing accepts AMA PRA Category I Credits™ from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Registration Fee

Early Fee – \$49; after January 16, 2024 \$65. Vouchers will be accepted.

- Fee will include online handouts/online certificate of completion.
- Breakfast and Lunch will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.
- *Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.*

Cancellations and Refunds: Registrants cancelling between January 16, 2024 and January 23, 2024 will incur a \$25 cancellation fee. No refunds or credits will be given for cancellations received after January 23, 2024.

ADA Statement

Visit www.wakeahec.org for our ADA Statement.

Questions? Contact Lue McKnight at 919-350-0469 or lmcknight@wakeahec.org.

REGISTER NOW! www.wakeahec.org