



FRIDAY, JAN 26, 2024

**REGISTER TODAY** 





Tools to Empower Primary Care

**REGISTRATION** 7:30 am • **PROGRAM** 8:00 am - 2:15 pm

The William F Andrews Center 3024 New Bern Ave, Raleigh, NC 27610

Pediatric obesity is one of the most pressing challenges facing the health of youth and has escalated with the COVID pandemic. Pediatricians and other pediatric medical providers rarely receive specific training in managing obesity in children as part of their medical education curriculum or training programs. This conference will address topics in the management of pediatric obesity, including how to discuss this sensitive topic using motivational interviewing techniques and understanding how to effectively treat pediatric obesity using lifestyle changes, medications and/or bariatric surgery. Additionally, the pediatric obesity clinical practice guidelines were recently released by AAP in January 2023 on the evaluation and treatment of pediatric obesity. Join the WakeMed Pediatric Weight Management Program as we discuss managing children and teens with obesity.

## **Target Audience**

Physicians, Advanced Practice Providers, Nurses, Registered Dietitians, Health Educators and other healthcare professionals working with pediatric and adolescent patients

This activity has been approved for AMA PRA Category 1 Credit™

TO REGISTER VISIT www.wakeahec.org



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