

## **SAVE THE DATE**

FRIDAY, SEPTEMBER 22, 2023 • 8:00 AM TO 4:00 PM
William F. Andrews Conference Center | Raleigh, NC

### **KEYNOTE ADDRESS**

# Opioids: Cause and Effect - The Doctor and Me

Co-Presenters: Dr. Douglas Holden and Nick Barra

This conference will address pain management from many perspectives and will challenge health care professionals to examine their approaches to the person with acute and chronic pain. Content will focus on the unintended consequences of opioid over-use, the science of addiction as a basis for person-centered, compassionate care and new interprofessional approaches to pain prevention and management.

#### **Target Audience**

Physicians, Physician Assistants, Advance Practice Nurses, Registered and Licensed Practical Nurses, Addiction Specialists, Dentists, Oral Surgeons, Dental Hygienists, Rehabilitation Therapists

#### **Featured Speaker**

**Douglas Holden, DDS, MD, MHCM, MBA**, is a Board Certified orthopedic surgeon practicing in Fairlawn, New Jersey, and Fellow of the American Academy of Orthopaedic Surgeons. **Nick Barra** is a mentor/sponsor who has overcome opioid addiction and has helped numerous individuals on their journey to sobriety. The two have presented their story in a multitude of settings and to various groups including grade school, middle school, high school as well as multiple medical and nursing conferences. Their stated purpose is "to make people aware of the causes/risks of addiction and to also show that there is hope when those affected can get proper help."

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