

3RD ANNUAL

# OPTIMIZING OUTCOMES

## MATERNAL MENTAL HEALTH AND SUBSTANCE USE DISORDERS SUMMIT

### SAVE THE DATE

Friday, August 14, 2026

DoubleTree Atlantic Beach Oceanfront  
2717 W Fort Macon Rd  
ATLANTIC BEACH, NC

### FEATURED KEYNOTES



**Mary Kimmel,  
MD, PhD**

Associate Professor,  
Washington  
University  
at St. Louis



**Khadija Tribié  
Reid, MD, MPH,  
FAAP**

Pediatric Medical  
Director, MedNorth  
Health Center

Registration opening soon!  
[wakeahec.org](http://wakeahec.org)

The Optimizing Outcomes: MMHSUD Summit brings together healthcare and public health professionals from across North Carolina to advance maternal mental health care. The Summit will provide updates on screening, treatment, and integrated care approaches for maternal mental health and substance use disorders, while highlighting strategies that reduce stigma and improve access to care. Participants will engage in peer-to-peer learning across perinatal care regions, explore emerging recommendations and resources, and identify practical strategies to support practice change and improve outcomes for perinatal patients and families.

This activity has been approved for *AMA PRA Category 1 Credit™*

Official summit brochure to come, including hotel/group rate information.

### Target Audience

Physicians (OB/GYN, family medicine, primary care, psychiatry, specialists), advanced care practitioners, behavioral health and substance use professionals (psychologists, therapists, social workers, counselors), nurses, doulas and support teams, as well as others interested from across North Carolina