



# LACTATION COURSES

## ONLINE ON-DEMAND

### Breastfeeding and Public Health Clinical Breastfeeding Support

NC State University and Wake AHEC are collaborating to offer 2 non-credit lactation courses for healthcare professionals (HCP). Each course will provide 55 of the 90 hours of education in human lactation for those pursuing the IBCLC credential. Together, the classes provide 110 hours of education in human lactation. These courses are designed without a start or end date, so the busy HCP can enroll and register as it fits your schedule.

#### Faculty

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April Danielle Fogleman, PhD, RDN, LDN, IBCLC, Co-Course Director

Emily Hannon, MD, IBCLC, Co-Course Director

Ellen Chetwynd, PhD, MPH, BSN, RN, IBCLC

Rebecca Costello, MPH, IBCLC

Lindsey Reeves, MS, RD, LDN, IBCLC

Emerald Rice, MA, IBCLC

Nicola Singletary, PhD, MAT, IBCLC

#### Registration Fee

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EACH MODULE - \$425

Vouchers will not be accepted. Fee includes online handouts. No refunds.

#### Credit (per course)

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**CME Credit:** Wake AHEC designates this live activity for a maximum of 55.0 AMA *PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Wake Area Health Education Center is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

**Nursing:** 55.0 Nursing Contact Hours – Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

ANCC and the North Carolina Board of Nursing accepts AMA *PRA Category 1 Credits*™ from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

**CEU:** Wake AHEC will provide 5.5 CEU to participant upon completion of this activity.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

**Contact Hours:** Wake AHEC will provide up to 55.0 contact hours to participants.

**CPEUs:** The Commission on Dietetic Registration has approved this conference for a maximum of 55.0 CPEU.

*Wake AHEC is part of the North Carolina AHEC Program.*

#### ADA Statement

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Contact April Fogleman at [april\\_fogleman@ncsu.edu](mailto:april_fogleman@ncsu.edu)

**Questions?** Contact April Fogelman at [adpierce@ncsu.org](mailto:adpierce@ncsu.org).



**NC STATE UNIVERSITY**

**wakeAHEC**  
BETTER HEALTHCARE THROUGH EDUCATION

# BREASTFEEDING AND PUBLIC HEALTH



## ONLINE ON-DEMAND LACTATION COURSES

### Target Audience

Physicians, physician assistants, nurse practitioners, nurses, dietitians and other healthcare professionals working to support lactating mothers and families

### Description

This course is designed to help prepare learners to become International Board Certified Lactation Consultants (IBCLC) or to help learners improve their skills related to the support of appropriate infant feeding. In this course, students will learn the basics and importance of infant and young child feeding from a public health perspective. Some of the topics that are covered in this course include the public health considerations of breastfeeding and formula feeding in the US and globally, breastfeeding initiation and infant behavior, lifestyle practices and infant feeding, family challenges related to infant feeding, infant feeding research and global impacts, cultural humility for healthcare providers, and collaboration among healthcare professionals

### Objectives

At the conclusion of this competency-based educational activity, the participant should be able to:

- Discuss benefits of the various types of infant feeding and the importance of family education and support for infant feeding.
- Explain prenatal and nutritional factors that could affect a mother's ability to breastfeed including drugs, alcohol, and tobacco.
- Explain approaches to infants and families that demonstrate an awareness and sensitivity to the varied infant feeding perspectives, norms, and values of others based on individual race, ethnicity and cultural difference.
- Provide a comprehensive description of the Baby Friendly Hospital Initiative and how implementation of evidence-based practices aids in maternal and infant health.
- Evaluate public health policies on breastfeeding and explain their impact on global health.
- Identify appropriate leadership and teaching methods that can help normalize and encourage breastfeeding.

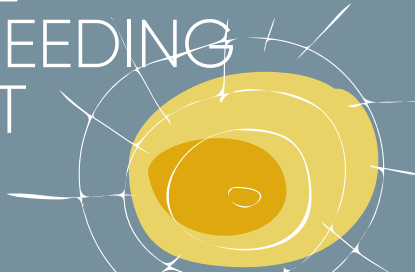
### Breastfeeding and Public Health

[CLICK TO REGISTER](#)

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# CLINICAL BREASTFEEDING SUPPORT



## ONLINE ON-DEMAND LACTATION COURSES

### Target Audience

Physicians, physician assistants, nurse practitioners, nurses, dietitians, lactation consultants and other healthcare professionals working to support lactating mothers and families

### Description

This course is designed to help prepare learners to become International Board Certified Lactation Consultants (IBCLC) or to help learners improve their skills related to the support of appropriate infant feeding. Clinicians will learn skills and content required for entry level clinical support for infant feeding. The healthcare professional will also learn the fundamentals of infant positioning, latch and suckle, assessment skills required to evaluate physical development of both the mother and the infant, milk synthesis, milk production and milk transfer. This course will prepare the learner to manage the feeding needs of infants across the age spectrum, from the premature infant to the toddler and older child. Complicated scenarios, to include breastfeeding with physical anomalies, infant hyperbilirubinemia, hypoglycemia, slow weight gain, failure to thrive and many others will be discussed.

### Objectives

At the conclusion of this competency-based educational activity, the participant should be able to:

- Describe effective interpersonal and intrapersonal communication skills to facilitate clinical support of infant feeding.
- Outline the critical components of a comprehensive assessment of the infant and family to include: maternal physical and developmental abilities, infant feeding behavior, latching, oral-motor capability and physical development, and support resources (father, family, community).
- Discuss effective teaching strategies, applying the principles of adult education to both patient and healthcare provider education regarding infant feeding and human lactation.
- Identify threats to successful lactation and breastfeeding that may contribute to premature cessation of breastfeeding.
- Evaluate challenges issues related to the maternal-infant feeding relationship to identify and prevent complicated and unwanted health circumstances.

**Clinical Breastfeeding Support**  
**CLICK TO REGISTER**

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