

The North Carolina, South Carolina and Tennessee  
Societies of Anesthesiologists present

CAROLINAS & TENNESSEE ANESTHESIOLOGY

2023

EXCELLENCE IN ANESTHESIA

September 15-17, 2023

GROVE PARK INN • ASHEVILLE, NC



JOINTLY  
PROVIDED BY



*NC society of*  
**ANESTHESIOLOGISTS**  
THE BEACON OF PATIENT SAFETY

**WAKE AHEC**  
PART OF NC AHEC

RECRUIT  
TRAIN  
RETAIN

## Target Audience

---

Anesthesiologists, certified anesthesiologist assistants, residents, fellows and medical students

## Learning Strategies for Participants

---

At the conclusion of this competency-based activity, the participant should be able to:

- Analyze changes in current and future anesthesia workforce.
- Evaluate how Federal and State legislation/regulation may impact anesthesiologists.
- Discuss options for anesthesia extenders.
- Review the impacts on pain and opioid use disorder.
- Discuss women of impact in anesthesiology.
- Review updates in OB anesthesia and perioperative anemia protocols.
- Analyze challenges facing ambulatory surgical centers.
- Evaluate ERAS for spine surgery and fasting guidelines.

## Resident Abstract Poster Submissions

---

Abstracts may be submitted in the categories of Best Original Research, Case Report and Literature Review. Submissions must be received by Monday, August 28, 2023, and sent to Kara Weishaar at [kweishaar@smithlaw.com](mailto:kweishaar@smithlaw.com).

## Conference Site and Hotel Reservations

---

OMNI  RESORTS  
the grove park inn

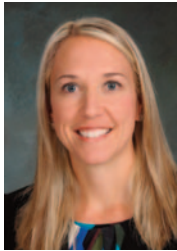
290 Macon Avenue  
Asheville, NC 28804  
Tel: 800-438-5800

[omnihotels.com](http://omnihotels.com)

- Group: NC Society of Anesthesiologists
- **[Click to make a reservation](#)**
- Group rate: \$359/night



## Program Chairs



**Karen Slocum, MD**  
NC Society of Anesthesiologists  
Providence Anesthesiology Associates  
Charlotte, NC



**Brian Thompson, MD**  
SC Society of Anesthesiologists  
Anesthesiology Services of Anderson  
Anderson, SC



**Susan Dumas, MD**  
TN Society of Anesthesiologists  
Vanderbilt University  
Nashville, TN

## Speakers

**Chelsea Brady, CAA**  
NAPA American Anesthesiology

**Eric Briggs, MD**  
Vanderbilt University

**Lane Crawford, MD**  
Vanderbilt University

**Rebecca Donald, MD**  
Vanderbilt University

**Allison Fernandez, MD**  
Johns Hopkins All Childrens Hospital

**John Fiadjo, MD**  
Boston Children's Hospital

**Arun Ganesh, MD**  
Duke University

**David Hardman, MD**  
UNC Health

**Ronald Harter, MD**  
The Ohio State University

**McCallum Hoyt, MD**  
Cleveland Clinic

**Elizabeth Malinzak, MD**  
Duke University Medical Center

**Sharon McCartney, MD**  
Duke University Medical Center

**Paul Rieker, MD**  
NAPA American Anesthesiology

**Robert Shaw, JD**  
Smith Anderson

**Karen Slocum, MD**  
Providence Anesthesiology Associates

**Timothy 'Tim' J. Reeder, MD,  
MPH, FACEP**  
Vidant Health  
NC House of Representatives

**David Zvara, MD**  
UNC School of Medicine

## FRIDAY, SEPTEMBER 15

---

12:30 – 5:00 pm	Registration & Exhibits	[Grand Ballroom A]
	General Session	[Grand Ballroom B]
	Moderator – Susan Dumas, MD (TSA)	
2:00	Welcome and Announcements	
2:10	Coke vs. Pepsi: Anesthesia Extenders (Chelsea Brady)	
3:00	Where Have all the People Gone: Confronting Workforce Challenges in the Post-Acute Pandemic ERA (David Zvara)	
3:50	BREAK WITH EXHIBITORS	
4:10	Methadone and Buprenorphine: The Intersection of Pain and Opioid Use Disorder (Rebecca Donald)	
5:00 pm	Welcome Reception	[Grand Ballroom A]

## SATURDAY, SEPTEMBER 16

---

6:30 am – 1:00 pm	Registration & Exhibits	[Grand Ballroom A]
6:30	Continental Breakfast- Meeting with Exhibitors	
7:00 am – 2:00 pm	NC Anesthesia Technician Meeting	
9:00 am – 2:00 pm	NC Practice Managers Association Meeting	
	General Session	[Grand Ballroom B]
	Moderator – Karen Slocum, MD (NCSA)	
7:15	Welcome and Announcements	
7:20	Perioperative Anemia Protocols (Sharon McCartney)	
8:10	Mindfulness and Resilience (John Fiadjoe)	
9:00	BREAK WITH EXHIBITORS	
9:25	Women of Impact in Anesthesiology, Allison Fernandez - Moderator (McCallum Hoyt, Elizabeth Malinzak, Rebecca Donald)	
10:15	•OB Anesthesia Dogmas (What You Were Taught To Do But Should Stop) (McCallum Hoyt)	
	•Challenges Facing ASCs (Eric Briggs)	
	•ERAS for Spine Surgery (Lane Crawford)	



# 2023 AGENDA



- 12:00 pm Physician Leadership in the State Legislature  
(Timothy Reeder)
- 12:30 LUNCH ON OWN
- 2:00 – 4:30 pm Tentative Workshop
- Resident Track  
Moderator – Arun Ganesh, MD  
LUNCH PROVIDED AT 1 PM  
\* NO CME CREDIT FOR THE RESIDENT TRACK
- 1:30 Getting Paid for Your Work: Understanding  
Anesthesia Billing (David Hardman)
- 2:10 Coke vs. Pepsi: Differences & Similarities of  
Physician Extenders (Chelsea Brady)
- 2:50 Contracts: Negotiating with a Group or Hospital  
(Robert Shaw)
- 3:30 Panel Discussion: Evaluating a Prospective  
Practice (Karen Slocum, Arun Ganesh and Paul Rieker)
- 4:00 Resident Poster Presentations
- 6:00 Family Dinner Reception [Vanderbilt Terrace]  
weather permitting

## SUNDAY, SEPTEMBER 17

---

- 6:30-9:00 am Registration and Exhibits [Grand Ballroom A]
- 6:30-7:15 am CONTINENTAL BREAKFAST
- General Session [Grand Ballroom B]  
Moderator – Brian Thompson, MD (SCSA)
- 7:15 am Welcome and Announcements
- 7:20 am Fasting Guidelines (Elizabeth Malinzak)
- 8:10 am ASA Update (Ron Harter)
- 9:00 NCSA Business Meeting – no CME credit
- 9:00 SCSA Business Meeting – no CME credit
- 9:00 TSA Business Meeting – no CME credit

## Credit

---

The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credits*™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**Accreditation Statement:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Wake AHEC and the North Carolina Society of Anesthesiologists. Wake AHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Nurse Practitioners:** ANCC and the North Carolina Board of Nursing accepts *AMA PRA Category 1 Credits*™ from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Wake AHEC will provide up to 11.75 Contact Hours to participants.

**Disclosure:** Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

*Wake AHEC is part of the North Carolina AHEC Program.*

# 2023 REGISTRATION

## Registration

---

- **[Click to register](#)**

- Early Fee – \$375; after August 18, 2023 – \$400.
- After September 11, 2023 register onsite
- \$75 for Anesthesia Residents, Fellows, Medical Students, and CAAs
- \$20 for practice managers
- Fee will include online handouts and online certificate of completion.
- Continental breakfast, breaks and evening receptions provided.
- Questions? Contact Lue McKnight at [lmcknight@wakeahec.org](mailto:lmcknight@wakeahec.org) or 919-350-0469 or toll free at 866-341-1814.
- Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA statement, and call 919-350-8547 for the inclement weather schedule.

## Cancellations & Refunds

---

Cancellations must be received by 5 pm Monday, August 28, 2023.  
A \$125 cancellation fee will be deducted from the registration fee if a refund is issued.

## Conference Site and Hotel Reservations

---

OMNI  RESORTS  
the grove park inn

290 Macon Avenue  
Asheville, NC 28804  
Tel: 800-438-5800

[omnihotels.com](http://omnihotels.com)

- Group: NC Society of Anesthesiologists
- **[Click to make a reservation](#)**
- Group rate: \$359/night
- Reservation cutoff date: Friday, August 18, 2023

## Questions?

---

Kara Weishaar  
NCSA, PO Box 1676, Raleigh, NC 27602  
Office (919) 838-2027  
Mobile (301) 651-5655  
Fax (919) 821- 6800  
[kweishaar@smithlaw.com](mailto:kweishaar@smithlaw.com)