

# THE ABCs of SCI Conference

*Demystifying SCI Medical Challenges  
for Community Care Providers*

**SATURDAY  
MARCH 23, 2024**

**Registration:** 8:15 am  
**Program:** 9:00 am to 4:30 pm

**The William and Ida Friday Center**  
100 Friday Center Drive  
Chapel Hill, North Carolina 27599

Those with spinal cord injuries have unique needs that require collaboration along the continuum of care. This conference will help demystify the medical challenges as well as help to provide education and outreach for providers in the community to aid in our goal of improving our patients' quality of life.



To register, scan the code or visit  
**[www.wakeahec.org](http://www.wakeahec.org)**



SCHOOL OF MEDICINE  
Physical Medicine and Rehabilitation

**WAKE AHEC**  
PART OF NC AHEC

RECRUIT  
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## TARGET AUDIENCE

Physicians, physician assistants, nurse practitioners, nurses, residents, fellows, medical students, and any other healthcare professional interested in treating patients with spinal cord injury.

## LEARNING OBJECTIVES

At the conclusion of this competency-based activity, the participant should be able to:

- Identify a new spinal cord injury.
- Describe the patient's perspective in facing challenges following an SCI.
- Discuss the various patterns of injury commonly seen in SCI.
- List resources and providers in the NC SCI-care community to coordinate primary care for the SCI population.
- Interpret the information provided in an ASIA exam.
- Explore treatment for spasticity including referrals for interventions such as toxin injections and assessment for baclofen pump placement.
- Explain equipment needs, particularly related to mobility and activities of daily living.
- Discuss strategies for effective communication and management of symptoms and complications related to neurogenic bladder.
- Explain how various factors influence the treatment path for neurogenic bladder.
- Explain neurogenic bowel complications, including care for both upper and lower motor neuron pattern bowel disfunction.
- Discuss sexual health issues in a patient with SCI.
- Identify common medical complications within the SCI patient population.
- Explain dysautonomia and appropriate treatment of SCI patients.

## AGENDA

- 8:15 am** Registration, Continental Breakfast, and Exhibitors
- 8:50** Welcome and Announcements  
Christine Cleveland, MD
- 9:00** What I Wish My PCP Knew About Me  
Lee James, MS, LPC and Franzi Rokoske, MS
- 9:45** Basics of SCI (ASIA/syndromes)  
Kaitlyn DeHority, MD
- 10:30** Break and Exhibitors
- 10:45** Spasticity  
William Filer, MD
- 11:30** Equipment and Therapy Needs  
Raheleh Ghasseminia, MS, OT/L  
Bryn M. Kennedy, PT, DPT  
Courtney Matrunick, PT, DPT
- 12:15 pm** Lunch and Exhibitors
- 1:15** Urological Needs and Sexuality  
Kristy Borawski, MD
- 2:00** Neurogenic Bowel  
Christine Cleveland, MD
- 2:45** Break and Exhibitors
- 3:00** Common SCI Complications  
Christine Cleveland, MD
- 3:45** Dysautonomia  
Lee Shuping, MD, MPT
- 4:30 pm** Closing Remarks and Adjourn



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## CREDIT

### CME Credit 6.0

Wake AHEC designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Wake Area Health Education Center is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

This activity was designated for 6.0 *AMA PRA Category 1 Credits™*.

### Contact Hours 6.0

Wake AHEC awards 6.0 contact hours for this activity.

Wake AHEC is part of the North Carolina AHEC Program.

## REGISTRATION FEES

- Early Registration fee for Physicians. (Fee will increase on March 1, 2024) \$125.00
- Early Registration fee for Nurses, Allied Health and Other Healthcare Professionals. (Fee will increase on March 1, 2024) \$75.00
- Early Registration fee for Fellows, Residents, and Students. (Fee will increase on March 1, 2024) \$40.00

### Cancellations and Refunds

Registrants canceling between March 1, 2024 and March 20, 2024 will incur a 30% cancellation fee (\$25 minimum). No refunds or credits will be given for cancellations received after March 20, 2024. Substitutions are encouraged. No Vouchers accepted.

### ADA Statement

Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA Statement.

### Questions?

Lue Chandra McKnight  
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## PLANNING COMMITTEE

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