

THE ABCs of SCI Conference

*Demystifying SCI Medical Challenges
for Community Care Providers*

**SATURDAY
MARCH 23, 2024**

Registration: 8:15 am
Program: 9:00 am to 4:30 pm

The William and Ida Friday Center
100 Friday Center Drive
Chapel Hill, North Carolina 27599

Those with spinal cord injuries have unique needs that require collaboration along the continuum of care. This conference will help demystify the medical challenges as well as help to provide education and outreach for providers in the community to aid in our goal of improving our patients' quality of life.



To register, scan the code or visit
www.wakeahec.org



SCHOOL OF MEDICINE
Physical Medicine and Rehabilitation

WAKE AHEC
PART OF NC AHEC

RECRUIT
TRAIN
RETAIN

TARGET AUDIENCE

Physicians, physician assistants, nurse practitioners, nurses, residents, fellows, medical students, and any other healthcare professional interested in treating patients with spinal cord injury.

LEARNING OBJECTIVES

At the conclusion of this competency-based activity, the participant should be able to:

- Identify a new spinal cord injury.
- Describe the patient's perspective in facing challenges following an SCI.
- Discuss the various patterns of injury commonly seen in SCI.
- List resources and providers in the NC SCI-care community to coordinate primary care for the SCI population.
- Interpret the information provided in an ASIA exam.
- Explore treatment for spasticity including referrals for interventions such as toxin injections and assessment for baclofen pump placement.
- Explain equipment needs, particularly related to mobility and activities of daily living.
- Discuss strategies for effective communication and management of symptoms and complications related to neurogenic bladder.
- Explain how various factors influence the treatment path for neurogenic bladder.
- Explain neurogenic bowel complications, including care for both upper and lower motor neuron pattern bowel dysfunction.
- Discuss sexual health issues in a patient with SCI.
- Identify common medical complications within the SCI patient population.
- Explain dysautonomia and appropriate treatment of SCI patients.

AGENDA

- 8:15 am** Registration, Continental Breakfast, and Exhibitors
- 8:50** Welcome and Announcements
Christine Cleveland, MD
- 9:00** What I Wish My PCP Knew About Me
Lee James, MS, LCMHC
Franzi Rokoske, MS
- 9:45** Basics of SCI (ASIA/syndromes)
Kaitlyn DeHority, MD
- 10:30** Break and Exhibitors
- 10:45** Spasticity
William Filer, MD
- 11:30** Equipment and Therapy Needs
Raheleh Ghasseminia, MS, OT/L
Bryn M. Kennedy, PT, DPT
Courtney Matrunick, PT, DPT
- 12:15 pm** Lunch and Exhibitors
- 1:15** Urological Needs and Sexuality
Kristy Borawski, MD
- 2:00** Neurogenic Bowel
Christine Cleveland, MD
- 2:45** Break and Exhibitors
- 3:00** Common SCI Complications
Christine Cleveland, MD
- 3:45** Dysautonomia
Lee Shuping, MD, MPT
- 4:30 pm** Closing Remarks and Adjourn



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CREDIT

CME Credit 6.0

Wake AHEC designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Wake Area Health Education Center is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

This activity was designated for 6.0 *AMA PRA Category 1 Credits™*.

Contact Hours 6.0

Wake AHEC awards 6.0 contact hours for this activity.

Wake AHEC is part of the North Carolina AHEC Program.

REGISTRATION FEES

- **Promotional Registration 50% off fee** for Physicians. (Fee will increase on March 16, 2024) ~~\$125.00~~ **\$62**
- **Promotional Registration 50% off fee** for Nurses, Allied Health and Other Healthcare Professionals. (Fee will increase on March 16, 2024) ~~\$75.00~~ **\$37**
- Registration fee for Fellows, Residents, and Medical Students. **FREE with discount code.** Email Thomas Petruska for code: thomas_petruska@med.unc.edu

Cancellations and Refunds

Registrants canceling between March 1, 2024 and March 20, 2024 will incur a 30% cancellation fee (\$25 minimum). No refunds or credits will be given for cancellations received after March 20, 2024. Substitutions are encouraged. No Vouchers accepted.

ADA Statement

Visit www.wakeahec.org for our ADA Statement.

Questions?

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PLANNING COMMITTEE

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