

Operation Obesity: A Game of Medical Skill and Knowledge

**Saturday
January 25, 2025**

Live In-Person and Online Event

**Registration & Breakfast
7:30 a.m.**

Location

North Carolina Heart and Vascular Center for Innovation and Learning Conference Room
2800 Blue Ridge Road, Raleigh, NC

Description

Obesity is a chronic disease and health pandemic. The discussion will include a comprehensive, multidisciplinary review of obesity and its evaluation and treatment, specifically focusing on evidence-based roles of medicine, nutrition, psychology, exercise and surgery.

Target Audience

Internal Medicine, Gynecology, and Family Practice Physicians; PAs, NPs, and RNs

Agenda

7:55 a.m. Webinar Open

8:00 Welcome and Instructions
Peter Ng, MD

8:05 Candy Land: Obesity and Ultra-Processed Foods
Mary Gray Hixson, MPH, RD, LDN

8:20 Chutes and Ladders: Understanding Pediatric Obesity
Linda Youngwirth, MD

8:35 Trouble: Managing Complications After Weight Loss Surgery
Benjamin Crisp, MD

8:50 Boggle: Understanding the Psychology of Obesity
Joanna Schechner, PsyD

9:05 BREAK

9:25 Texas Hold'em: Gambling on Weight Loss Medication Without Nutritional Education
Margaret Bova, MS, RD, LDN

9:40 Not-So Trivial Pursuit: Managing GLP-1 Complications
Erica McKearney, PA

9:55 Twister: Can the Endoscopic Sleeve Gastroplasty Offer Weight Loss with Less Risk
Dustin Bermudez, MD

10:10 BREAK

10:30 The Game of Life: The Emotional Weight of Obesity
Clinton Bolton III, PhD, LCMHC, LCMHC-S, NCC

10:45 Gut Hormone Scrabble: The Future of Anti-Obesity Medication in Clinical Trials
Angela Lipscomb-Hudson, MD

11:00 Clue: The Doctor, With the Knife, in the Bariatric Theater
Lindsey Sharp, MD

11:15 Closing Remarks and Adjourn
Peter Ng, MD

Joint Providership by



Wake AHEC is part of the North Carolina AHEC Program.

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Scan to register today!
See reverse for more information

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Register Today



Scan the code to register or
visit **www.wakeahec.org**

- **No registration fee**—Funding is provided by North Carolina Surgery
- Registration will include online handouts and online certificate of completion
- **Virtual event**—Connect to webinar 5 minutes prior to conference start time
- **In-person event**—Registration, networking and breakfast begins at 7:30
- Last day to change your registration (in-person or virtual) will be **Thursday, January 16, 2025**
- Last day to register for the virtual event is **Thursday, January 23, 2025**
- Visit **www.wakeahec.org** for our ADA Statement

Questions

Contact Julia Jenkins at (919) 350-0455 or juljenkins@wakeahec.org

Faculty

Linda Youngwirth, MD
Course Director

Dustin Bermudez, MD

Benjamin Crisp, MD

Angela Lipscomb-Hudson, MD

Peter Ng, MD

Lindsey Sharp, MD

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Course Credit

CME: The Wake Area Health Education Center designates this live activity for a maximum of 2.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Hours: Wake AHEC will provide up to 2.50 Contact Hours to participants.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Wake Area Health Education Center and UNC Rex Healthcare. The Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

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