

THE NEXT GENERATION: Trekking the New World of Obesity Care

**Saturday
February 24, 2024**

**Live In-Person and Online Event
Registration & Breakfast
7:30 a.m.**

Location

North Carolina Heart and Vascular Center for Innovation and Learning Conference Room
2800 Blue Ridge Road, Raleigh, NC

Purpose

At the conclusion of this competency-based activity, the participant should be able to:

- Review the importance of the treatment of obesity and obesity related comorbidities in the care of a patient
- Discuss the nutritional component to obesity and obesity treatment
- Analyze the role of mental health in the treatment of obesity
- Discuss when and who to refer for bariatric surgery

Target Audience

Internal Medicine, Gynecology, and Family Practice Physicians; PAs, NPs, and RNs

Schedule

7:55 a.m. Webinar Open

8:00 **Welcome and Instructions**
Peter Ng, MD

8:05 **Live Long and Prosper: The Benefits of Weight Loss Revisited**
Dustin Bermudez, MD

8:20 **"Insufficient Facts Always Invite Danger"—Spock: The Intersection of Weight Stigma and Obesity**
Clinton Bolton III, PhD, LCMHC, LCMHC-S, NCC

8:35 **Dr. Spock: Thinking about Pediatric Obesity**
Linda Youngwirth, MD

8:50 **Aye Aye Captain: The Future of Obesity Medications**
Erica McKearney, PA-C

9:05 **Break**

9:25 **Communicators: Technology and Weight Loss**
Margaret Bova, MS, RD, LDN

9:40 **Tomorrow is Yesterday: The Impact of Childhood Abuse/Trauma in Adult Obesity**
Clinton Bolton III, PhD, LCMHC, LCMHC-S, NCC

9:55 **Tribble Trouble: Semaglutide Side Effects**
Angela Lipscomb-Hudson, MD

10:10 **Break**

10:30 **Vulcan Mind Melt: Mindfulness in a Mindless World of Eating**
Mary Gray Hixson, MPH, RD, LDN

10:45 **Star Tech: Fakes, Fads and Futures**
Benjamin Crisp, MD

11:00 **Closing Remarks and Adjourn**
Peter Ng, MD

Joint Providership by



Wake AHEC is part of the North Carolina AHEC Program.

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Scan to register today!
See reverse for more information

THE NEXT GENERATION: Trekking the New World of Obesity Care

Register Today!



Scan the code to register or
visit **www.wakeahec.org**

- **No registration fee**—Funding is provided by North Carolina Surgery
- Registration will include online handouts and online certificate of completion
- **Virtual event**—Connect to webinar 5 minutes prior to conference start time
- **In-person event**—Registration, networking and breakfast begins at 7:30
- Last day to change your registration event status (in-person or virtual) will be **Thursday, February 15, 2024**
- Last day to register for the virtual event is **Thursday, February 22, 2023**
- Visit **www.wakeahec.org** for our ADA Statement.

Questions

Contact Julia Jenkins at (919) 350-0455 or juljenkins@wakeahec.org

Faculty

Cathy Arsenault
Bariatric Mentor

Dustin Bermudez, MD

Clinton Bolton, PhD, LCMHC, LCMHC-S, NCC

Margaret Bova, MS, RD, LDN

Benjamin Crisp, MD

Mary Gray Hixson, MPH, RD, LDN

Angela Lipscomb-Hudson, MD

Erica McKearney, PA-C

Peter Ng, MD
Co-Course Director

Lindsey Sharp, MD

Linda Youngwirth, MD
Course Director

Course Credit

CME: Wake AHEC designates this live activity for a maximum of 2.25 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Hours: Wake AHEC will provide up to 2.25 Contact Hours to participants.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Wake Area Health Education Center and UNC Rex Healthcare. The Wake Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

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