

# TRAUMA- INFORMED CARE

HEALTHCARE  
PROVIDER  
CONFERENCE



**WEDNESDAY, APRIL 15, 2026**

**Durham Tech Main Campus**

**1637 E. Lawson St., Durham, North Carolina 27703**

**REGISTRATION:** 8:00 am **PROGRAM:** 8:30 am – 4:30 pm

Trauma-informed care improves patient outcomes, reduces costs, and improves patient satisfaction. Despite these benefits, many healthcare providers have not received or have received limited training or continued education in trauma-informed care. This conference aims to increase provider knowledge and skills to provide trauma-informed care in Durham County.

## Target Audience

Physicians, advanced practice providers, nurses, psychologists, case managers, behavioral health professionals, social workers, community health workers, health specialists, and others interested are welcome to participate that practice in Durham County, North Carolina.

## Learning Objectives

At the conclusion of this competency-based activity, the participant should be able to:

- Describe the principles of and identify additional skills for trauma-informed care in healthcare and community health settings.
- Describe 2-3 ways to cultivate physical and psychological safety and resilience for all people served in healthcare and community health settings.
- Identify skills for staff well-being and the impact of secondary traumatic stress.

**This conference is for healthcare professionals in Durham County, North Carolina only.**

**Questions?** Contact Alexis Siver at 919-350-0434 or [asiver@wakeahec.org](mailto:asiver@wakeahec.org).



**CLICK HERE TO REGISTER**

<https://www.wakeahec.org/courses-and-events/77928/trauma-informed-care-healthcare-provider-conference>



Public Health



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## Credit

**CME:** The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

**CHES®:** Sponsored by The North Carolina AHEC Program, Wake AHEC, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 6.25 total Category I continuing education contact hours.

**A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.**

**Contact Hours:** Wake AHEC will provide up to 6.25 Contact Hours to participants.

## Registration Fee

**Registration fee:** No registration fee thanks to the generous support of Durham County Department of Public Health.

- Registration will include online handouts and online certificate of completion.
- Coffee/light refreshments/breaks/lunch will be provided.

**Photo Policy:** Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

## ADA Statement

Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA Statement. If you require specific accommodations, please notify Alexis Siver at [asiver@wakeahec.org](mailto:asiver@wakeahec.org) at least 2 weeks before the conference.

## agenda

8:00 am	<b>Registration, Coffee &amp; Light Refreshments</b>
8:30	<b>Welcome</b> Kristen Patterson, MHA, John David Purakal, MD, MS, and J.B. Buxton, MPA
8:50	<b>Community Violence Panel</b> Moderator: Azmen Johnson Panelists: Demetrius Lynn, MHA, Angel Robles, MSW, LCSWA, and David Johnson
10:00	<b>Break</b>
10:15	<b>Breakout Session 1</b> <b>Session A: Trauma-Informed Care 101</b> Wanda Boone, PhD <b>Session B: How to Use Interpreters in a Trauma-Informed Manner</b> Cassandra Kiger, MSW, LLM <b>Session C: Weight-Inclusive Care &amp; Dismantling Anti-Fat Bias</b> Hillary Hecht, MSW, PhD Candidate
11:15	<b>Break</b>
11:30	<b>Black Maternal Health</b> Bernadette Vereen, MSW, LCSW, PMH-C
12:30 pm	<b>Lunch</b>
1:30	<b>Breakout Session 2</b> <b>Session D: Substance Use</b> Andrea Winkler, MSW, LCSW, LCAS <b>Session E: Migration and Trauma</b> Rachel Galanter, MPH & Elizabeth Godown, MSW <b>Session F: How to Use Interpreters in a Trauma-Informed Manner</b> Cassandra Kiger, MSW, LLM
2:30	<b>Break</b>
2:45	<b>Provider Well-Being</b> Letitia Johnson-Arnold, EdD, MS, CHES, NBC-HWC, CHWI
3:45	<b>Wrap Up/Closing Remarks</b> Bridget Nelson, MPH
4:30 pm	<b>Adjourn</b>



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## Faculty

### **Andrea Winkler, LCSW, LCAS, PLLC**

**Andrea Winkler,  
MSW, LCSW, LCAS**  
Owner  
Consultant and Speaker  
Duke AHEC

### **Changing Faces 2 Change Lives**

**David Johnson**  
Owner, Executive Director

### **City of Durham**

**Angelica "Angel" Robles,  
MSW, LCSWA**  
Clinician  
Office of Survivor Care

### **Duke University**

**Azmen Johnson**  
Community Violence  
Recovery Specialist  
Duke Violence Recovery  
Program

### **Demetrius Lynn, MHA**

Senior Violence  
Recovery Specialist  
Duke Violence  
Recovery Program

### **John David Purakal, MD, MS**

Associate Professor  
Department of  
Emergency Medicine  
Duke University  
School of Medicine

### **Bernadette Vereen, MSW, LCSW, PMH-C**

Clinical Social Worker  
Duke Psychiatry &  
Behavioral Sciences

### **Durham County Cooperative Extension**

**Cassandra Kiger, MSW, LLM**  
Special Projects Manager  
Owner & Founder  
Consulting for Resilience, LLC

### **Durham County Department of Public Health**

**Bridget Nelson, MPH**  
ACEs and Resilience  
Coordinator

### **Kristen Patterson, MHA**

Deputy Public Health  
Director

### **Durham Technical Community College**

**John "J.B." Buxton, MPA**  
President

### **Letitia Johnson-Arnold, EdD, MS, CHES, NBC-HWC, CHWI**

Director, Health & Wellness  
Enrollment and Compliance  
Director/Instructor  
Community Health  
Worker Program

### **El Futuro**

**Rachel Galanter, MPH**  
Technical Assistance and  
Consultation Lead

### **Refugee Community Partnership**

**Elizabeth Godown, MSW**  
Community Organizing &  
Advocacy Manager

### **Together for Resilient Youth**

**Wanda Boone, PhD**  
CEO and Founder  
Pinnacle Community  
Development Center

### **University of North Carolina at Chapel Hill**

**Hillary Hecht, MSW,  
PhD Candidate**  
Researcher

## Planning Committee

### **Andrea Winkler, LCSW, LCAS, PLLC**

**Andrea Winkler,  
MSW, LCSW, LCAS**  
Owner  
Consultant and Speaker  
Duke AHEC

### **City of Durham**

**Ontario Joyner, MS**  
Program Manager  
Office of Survivor Care  
Criminal Justice  
Professor, Shaw  
University

### **Duke University**

**Uzuri Holder, LCSW,  
MSW**  
Program Manager  
Violence Recovery  
Program

### **Azmen Johnson**

Community Violence  
Recovery Specialist  
Duke Violence Recovery

### **Durham County Department of Public Health**

**Jeffrey Jenks, MD, MPH**  
Conference Course  
Director  
Medical and  
Laboratory Director  
Adjunct Associate  
Professor, Department  
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Duke University

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ACEs and Resilience  
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**Jess Rhodes, MPH**  
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Supporting Community  
and Family Health Team

### **Durham Technical Community College**

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NBC-HWC, CHWI**  
Director, Health &  
Wellness Enrollment  
and Compliance  
Director/Instructor,  
Community Health  
Worker Program

### **Wake AHEC**

**Erica Futrell, MSL**  
Associate Director  
CME & Pharmacy

### **Alexis Siver, BS**

Project Coordinator  
CME & Pharmacy



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