



## LEVERAGING NORTH CAROLINA'S ASSETS TO PREVENT CHILD TRAUMA

**VIRTUAL PRE-SUMMIT ROUNDTABLE** • Wednesday, April 26 • 6:30 to 8:00pm *This virtual Roundtable will set the stage for the 2 day summit, moderated by Vernisha Crawford (CEO, Trauma-Informed Institute and BYE Foundation). There is no cost. We will email all participants a zoom invitation.*

**TWO-DAY IN-PERSON OR VIRTUAL SUMMIT** • Thursday & Friday, April 27-28

Summit Registration (both days) 8:00 am Summit Program (both days) 8:30 am to 5 pm The McKimmon Conference and Training Center NC State University, Raleigh, NC

**FRONTIER** in the FPG Child Development Institute, UNC-Chapel Hill brings to you this statewide Summit, **Leveraging North Carolina's Assets to Prevent Child Trauma.**

Momentum is growing in NC for building trauma-informed systems that strengthen resilience and weed out systemic and often intergenerational sources of child trauma. To advance this work, it is critical that community-research-policy partnerships are forged to promote the widespread adoption of science-based strategies and encourage a transformational shift from a reactive to a preventative approach.

This inaugural Statewide Trauma Summit will stimulate dialogue between community stakeholders and members, researchers, practitioners and clinicians, and legislators and agency officials to advance these objectives and inform a strategic plan for NC to implement best practices within well-oiled delivery systems focused on preventing child trauma.

Installing multilevel solution-based strategies into mindsets, practices, and policies is essential to the health, development, and wellbeing of NC's most important asset - our children.

The summit begins with a virtual dialogue between community representatives, clinicians, researchers and agency officials to set the stage, defining trauma from their perspective and discussing their approach to its prevention. The in-person and virtual summit event takes place at NC State University, Raleigh NC.

**Register online at [www.wakeahec.org](http://www.wakeahec.org).**



# LEVERAGING NORTH CAROLINA'S ASSETS TO PREVENT CHILD TRAUMA

2023 STATEWIDE SUMMIT



## TWO-DAY SUMMIT TOPICS

- Vision for preventing child trauma in North Carolina
- Effects of early life experiences on children's brain development and health, and trauma's intergenerational effects on mental health across the lifespan
- The role of partnerships between the community, researchers and policymakers in preventing exposure to adverse experiences and strengthening resilience.
- Viewing social and racial inequities and involvement with the child welfare, educational, health care, and justice systems. as trauma and opportunities for population level change to promote equity.
- Understanding how agency level and legislative policymaking can protect our children.
- Understanding the processes by which systems change can occur to increase their trauma-responsiveness.
- Promoting better aligned community care systems and incorporating community perspectives and lived experience on change from the ground up.
- Evidence-based policy change and legislative efforts and opportunities to address trauma, informed by prevention science, with NC's opioid use prevention policy as an exemplar
- Statewide agency initiatives to support trauma-informed practices and policies
- Understanding the costs and benefits of evidence-based programs and policies shown to reduce exposure to trauma
- Building trauma-informed societal systems

## Target Audience

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Trauma researchers and academics at universities/colleges and research corporations, trauma-involved foundation staff, agency administrators, legislators, local officials, trauma-involved clinicians and practitioners, community organizations and other stakeholders, caregivers, parents, day care workers, teachers and educators, and others interested in the topic.

## Learning Objectives

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At the conclusion of this educational activity, the participant should be able to:

- Explain the effects of early life experiences on children's brain development and health, and trauma's intergenerational effects on mental health across the lifespan.
- Discuss the role of partnerships between the community, researchers and policymakers in preventing exposure to adverse experiences and strengthening resilience.
- Explore social and racial inequities and involvement with the child welfare, educational, health care, and justice systems as trauma, and opportunities for population level change to promote equity.
- Identify systems change from an implementation standpoint.
- Explain evidence-based policy change and legislative efforts and opportunities to address trauma, informed by prevention science, with NC's opioid use prevention policy as an example.
- List the costs and the benefits of supporting families to prevent trauma.



## AGENDA + SPEAKERS

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### WEDNESDAY, APRIL 26, 2023 • 6:30 – 8 pm PRE-SUMMIT ROUNDTABLE VIRTUAL DIALOGUE

#### Setting the Stage for the Summit

This session will feature a diverse group of participants with different viewpoints regarding types and origins of child trauma they believe are most important to address and that require different prevention approaches.

- **Facilitator: Vernisha Crawford**, Chief Executive Officer at Trauma Informed Institute
  - **Rev. Dr. Dawn Baldwin Gibson**, Executive Pastor of Peletah Ministries
  - **Kara Kai Sanders**, Lived Experience
  - **Dr. Ernestine Briggs-King**, Duke University, National Center for Child Traumatic Stress
  - **J'vanete Skiba**, New Hanover Resiliency Task Force
  - **Dr. Jonathan Livingston**, Benjamin S Ruffin Distinguished Professor of Civic Education & Social Justice and Professor, Department of Psychology, NC Central University
  - **Dr. Milicia Tedder**, Assistant Professor, Department of Psychology, NC Central University
  - **Victor Jones**, LCSW, ROI, Valiant Families of Rocky Mount
  - **Dr. Frank Castelblanco**, MAHEC
  - **Dr. Anka Roberto**, UNC Wilmington
  - **Catherine Joyner, Executive Director**, Child Maltreatment Prevention Leadership Team, Division of Public Health, NCDHHS
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### THURSDAY, APRIL 27, 2023 SUMMIT DAY ONE

8:00 am      **Breakfast and registration**

8:30          **Welcome**

- **Dr. Diana Fishbein**, Director of FRONTIER and the Translational Neuro-Prevention Research and Senior Research Scientist, Frank Porter Graham (FPG) Child Development Institute, UNC-Chapel Hill
- **Dr. Aysenil Belger**, Professor and Director of Neuroimaging Research in the Department of Psychiatry, and Professor in the Department of Psychology at UNC-Chapel Hill, Adjunct Associate Professor at the Brain Imaging and Analysis Center at Duke University

8:45          **KEYNOTES – Vision for the State**

- **Dr. Lisa Amaya-Jackson**, Professor of Psychiatry and Behavioral Sciences, Child & Family Mental Health & Community Psychiatry Division, Duke University Medical Center. Current research on assessment, treatment, and effective implementation of child trauma-informed, evidence-based interventions in the care of children exposed to trauma.
- **Dr. Kelly Graves**, Executive Director & Co-Founder, The Kellin Foundation. 8-pt Strategic Approach to a Resilient North Carolina elucidates the intersecting roles of Backbone Support; Local Coalition Support; Shared Measurement; Policy and

Advocacy; Cross-Sector Partnerships; Public Private Partnership, Public Awareness and strategic Communication; and Training and Technical Assistance.

- **Safiyah Jackson**, North Carolina Partnership for Children. What North Carolina could look like with uplifted community voices?

9:40 **Brain Break** Conducted by Rural Opportunity

### 9:55 **Trauma & Child Development**

Presentation of research establishing how the effects of early life experiences—positive and negative—can affect children’s brain development leading to risk for emotional disorders; the long-term effects of childhood experiences on adult physical and mental health functioning; and how early adversities are biologically embedded in the child and their descendants via epigenetic changes.

- **Dr. Margaret Sheridan**, Department of Psychology and Neuroscience, UNC-Chapel Hill
- **Dr. William Copeland**, formerly at Duke and currently Professor, Department of Psychiatry, University of Vermont

### 10:35 **Trauma & Mental Health**

Trauma’s intergenerational effects on mental health over the life span viewed from clinical and community-based perspectives, bringing into play the role of family-systems and the impact of trauma and systemic inequities on children, youth, and families.

- **Dr. Angela Tunno**, Assistant Professor in Psychiatry and Behavioral Sciences, Duke University School of Medicine
- **Dr. Ilana Berman**, Postdoctoral Fellow, FPG Child Development Institute and Department of Psychology & Neuroscience, UNC at Chapel Hill

### 11:05 **Trauma, Inequities, & Racism**

Types of trauma emanating from implicit bias and economic, educational, and social inequities, and opportunities for systems-level change and community empowerment.

- **Dr. Jennifer Neitzel**, Executive Director at Educational Equity Institute
- **Dr. Iheoma Iruka**, Research Professor, Department of Public Policy, UNC; Founding Director, Equity Research Action Coalition at FPG Child Development Institute, UNC

### 11:35 **System-Specific Trauma**

Trauma originating in or exacerbated by experiences in the child welfare/foster care, juvenile justice, health care, and other systems, and interventions that work at the family, community, and systems levels.

- **Dr. Aidan Bohlander**, Manager of Outreach and Product Development, National Infant-Toddler Court Program at Zero to Three
- **Dr. Kimberly Cook**, Professor in Department of Sociology and Criminology, UNC-Wilmington with **Frankie Roberts** at LINK–Restorative Justice Model

12:05 pm **Lunch**

### 1:05 **Policy Realities and Opportunities**

Understanding legislative processes, barriers and current opportunities in NC to trauma-inform policymaking.

- Introductions by **Jesse Kohler**, CEO of the Campaign for Trauma-Informed Policy & Practice (CTIPP)
- **Representative Ashton Clemmons** (D-NC)
- **Senator Jim Burgin** (R-NC)

- 1:45 **Brainstorming Roundtables** (virtual attendees will receive a link to provide input)  
Open communication between community members, researchers, and policymakers to share (a) unique definitions and perspectives on child trauma, (b) suggested best practices and policy solutions, (c) avenues for collective action. Each table will produce a sharable list of ideas and suggestions to be combined into a master list.
- **Adam Sotak**, UNC Rural, Moderator
  - Diverse groups of eight at a table, including one of the speakers to facilitate
- 3:00 **Systems Change**
- Ongoing work in NC to co-create and implement agency processes and care systems that are better aligned with community needs to support healthy development of children, prevent trauma, and advance equitable outcomes.
- **Sharon Hirsch**, President and CEO, Prevent Child Abuse North Carolina
  - **Elizabeth Star**, CEO, HopeStar Foundation
  - **Kimberly Friedman, JD**, Managing Director of External Relations at Family Connects International
- 4:00 **Dashboard and Assessment Tool**
- The NC Healthy & Resilient Community Initiative's Resilience dashboard and assessment tool for multisector community coalition culture will be presented.
- **Mebane Boyd**, Resilient Communities Officer, NC Partnership for Children
  - **Nick Pylypiw**, Cape Fear Collective
- 4:40 **Wrap Up of the Day**
- **Vernisha Crawford**, Trauma Informed Institute and BYE Foundation

## FRIDAY, APRIL 28, 2023

### SUMMIT DAY TWO

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- 8:00am **Breakfast**
- 8:30 **Community Perspectives**
- Representation from diverse NC sectors suggests directions for system improvement via cross-community collaborations that inform policy change.
- **Dr. Dawn Baldwin Gibson**, Executive Pastor of Peletah Ministries
  - **Dr. Jada Brooks**, Associate Professor at UNC Chapel Hill
  - **Rev. Jasmine Beach-Ferrara**, minister, founding Executive Director of the Campaign for Southern Equality
  - **Tamra Church** and **Dr. Jennifer Matthews**: Resilient North Carolina Collaborative Coalition (RNCCC)
- 9:30 **Agency Level Policy Reform**
- Agency officials explore the practical aspects/“nuts and bolts” of evidence-based policy change that is informed by prevention science and incorporates community lived experience.
- **Jenni Owen**, Director, NC Office of Strategic Partnerships
  - **William Lassiter**, Deputy Secretary for Juvenile Justice, NC Department of Public Safety

- 10:00 **Breath Break**, Led by Rural Opportunity
- 10:15 **Public Policy Efforts to Address Trauma and Childhood Adversity**
- **Erica Palmer-Smith**, NC Child
  - **Crystal Kelly**, VP, Programs and Policy at Prevent Child Abuse NC
- 10:55 **Department of Health and Human Services Initiatives to Support Trauma-Informed Practices and Policies**
- **Amy Eaton, MS**, Children's Health and Development Coordinator, DSS, NC DHHS
  - **Dr. Charlene Wong**, Assistant Secretary for Children and Families at NCDHHS, Executive Director, NC Integrated Care for Kids, Associate Professor of Pediatrics and Public Policy at Duke University
  - **Ingrid Bou-Saada** Department of Public Health, NC DHHS
  - **Saarah Waleed, MS, LCMHC**, Department of Mental Health, NC DHHS
- 12:00 pm **Lunch**
- Emerging Public Health Models to Build Trauma- Informed Systems and Policies**
- 1:00 **Cost/Benefits Analysis of Trauma-Informed Policies**
- Facilitator: **Whitney Marris, CTIPP**
  - **Dr. Jane Cooley Fruehwirth**, Professor of Economics at UNC-Chapel Hill, Fellow of UNC's Carolina Population Center, and Adjunct Associate Professor in Public Policy
  - **Dr. Stephen Marshall**, Director of the UNC Injury Prevention Research Center
- Building Trauma-informed Societal Systems**
- Judicial System: **LaToya Powell, JD**, Deputy General Counsel at NC Department of Public Safety
  - Health Care: **Dr. Frank Castelblanco**, Mountain Area Health Education Centers
  - Education: **Dr. Rodney Trice**, Deputy Superintendent for Teaching & Learning, Systemic Equity, & Engagement, Chapel Hill-Carrboro City Schools
  - Cross-sector community coalitions: **Ingrid Cockhren**, CEO at PACEs Connection
- 1:45
- 2:55 **Body Break** Conducted by Rural Opportunity
- 3:10 **Opioid Use Prevention Policy**
- As an exemplar of trauma-informed work, current NC and national strategies in opioid use prevention as well as implementation and scaling up of effective strategies in all 100 NC counties.
- **NC Attorney General Josh Stein** (via video)
  - **Dr. April Bragg**, Dogwood Health Trust
  - **Dr. Linda Richter**, Partnership to End Addiction
- 3:55 **Opportunities for Policy Change**
- KEY TAKEAWAYS, NEW THINKING AND NEXT STEPS**, moderated by Jesse Kohler: Legislative, gubernatorial and agency policy staff, community representatives, clinicians, practitioners, and researchers, will address questions about how best to accommodate the information presented during the summit to reform statewide policies that support community efforts to prevent child trauma. The goal is to identify common ground and practical, take-away tips on working at the state level to further the development of trauma-informed systems.

4:55

## Wrap Up

• **Dr. Diana Fishbein**, FPG Child Development Institute, UNC-Chapel Hill

5:00 pm

## Adjourn

## Credit

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Credit will not be provided for pre-conference.

The APA will provide CE credits for the first half of the first day for an additional cost. [Click for further information.](#)

**Wake AHEC CEU:** Wake AHEC will provide 1.3 CEU to participants upon completion of this program activity.

A participant must attend 100% of the two-day summit to receive credit. Partial credit will not be awarded.

**Contact Hours:** Wake AHEC will provide up to 13.0 Contact Hours to participants.

*Wake AHEC is part of the North Carolina AHEC Program.*

## Registration Fee

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- \$0 for virtual attendance and will include high quality streaming with ability to ask questions, online handouts, certificate of completion and contact hours.
- \$50 for In Person option (with a 150 person cap), which will include breakfast and lunches, inclusion in breakout sessions, evening networking event, online handouts, a book on trauma informed practice, certificate of completion, the ability to interact with speakers and engage in dialogue with other participants and contact hours.
- Please note, you cannot change the format of attendance once your registration has been processed.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Although optional, we encourage in-person attendees to wear a mask to protect others.
- Call 919-350-8547 for our Inclement Weather Updates.

**Cancellations and Refunds:** In-person registrants cancelling between April 14-25, 2023 will incur a \$25 cancellation fee. No refunds or credits will be given for cancellations received after April 25, 2023.

**Photo Policy:** *Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.*

## ADA Statement

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Wake AHEC is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristic protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act (ADA), in order to participate in programs or services, please call us at 919-350-8547. Organizing such resources generally takes 3-4 weeks, so please give us as much notice as possible to make appropriate arrangements.

**Questions?** Contact Kristen Murphy at [krmurphy@wakeahec.org](mailto:krmurphy@wakeahec.org).

**Register online at [www.wakeahec.org](http://www.wakeahec.org).**