

WakeMed Stroke Program presents the **20th Annual**



TIME IS BRAIN

Advances in Stroke Care

SATURDAY
SEPT 13, 2025

The William F. Andrews Conference Center
3024 New Bern Ave
Raleigh, NC 27610

Registration – 7:15 am
Program – 7:50 am to 4:05 pm

Please join us for an engaging and informative day with content focusing on the neurologic exam and anatomy cases, intracerebral hemorrhage, complications from stroke, review the AHA guidelines, managing blood pressure after stroke, secondary stroke prevention trials, a stroke survivor story, update on StrokeNet clinical trials, cancer-associated ischemic stroke, aphasia, and post-acute stroke rehab in the home. We look forward to seeing you there!

Target Audience

Physicians, Physician Assistants, Nurse Practitioners, Pharmacists, Registered Nurses, Physical Therapists, Occupational Therapists, Speech Language Pathologists, Case Managers, Social Workers, and other healthcare professionals who care for stroke patients

Learning Objectives

At the conclusion of this competency-based activity, the participant should be able to:

- Review the gross anatomy and physiology of the brain.
- Describe common clinical presentations of stroke.
- Explain the focus of ongoing clinical trials being conducted by the National Institutes of Health clinical trials network, StrokeNet.
- Describe workup considerations and secondary prevention in patients with stroke and malignancy.
- List 4 treatment approaches for patients with aphasia.
- Explain the focus of Home Health care related to safety and patient success in their home.
- Discuss advancements in intracerebral hemorrhage management.
- Discuss secondary stroke prevention trials.
- Explain blood pressure management post-stroke.



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PRESENTED BY
WakeMed 
Stroke Program

WAKE AHEC
PART OF NC AHEC

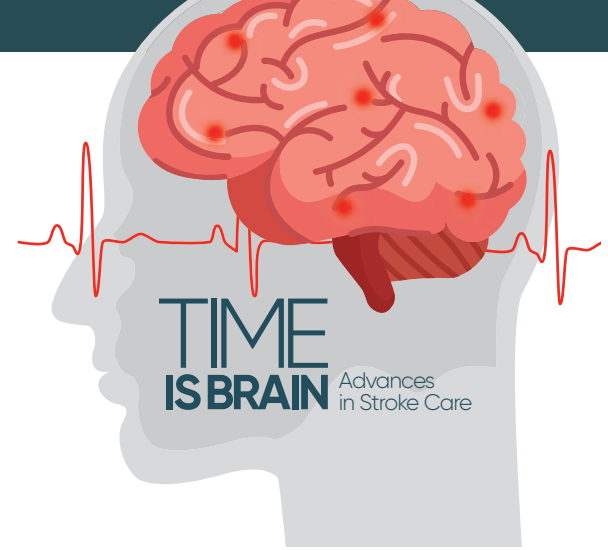
DUKE AHEC
PART OF NC AHEC

IN COLLABORATION WITH
THE UNIVERSITY OF NORTH
CAROLINA ESHELMAN
SCHOOL OF PHARMACY

Agenda

All presentations will be held in Rooms 1&2 and exhibitors will be in the hallway.

- 7:15 am **Registration, Breakfast and Exhibitors**
- 7:50 **Welcome and Announcements**
- 8:00 **Neurologic Exam and Anatomy Cases**
Faris Almubaslat, MD, PhD and Abigail Lange, MD
- 8:45 **Advancements in Intracerebral Hemorrhage Management**
Shashank Shekhar, MD, MSc, FAHA, FANA
- 9:30 **Break and Exhibitors**
- 9:45 **Complications from Stroke: AHA Guidelines**
Mary Guhwe, DNP, FNP-BC, SCRNP
- 10:30 **The Pressure is On: Managing Blood Pressure After Stroke***
Lauren Trummel, PharmD
- 11:00 **Break and Exhibitors**
- 11:15 **Secondary Stroke Prevention Trials**
Amanda Crooks, MD
- 12:00 pm **Lunch and Exhibitors**



- 12:45 **Stroke Survivor Story**
WakeMed Peer Support Program
Skip Roy, PT, MHA
- 1:15 **Update on StrokeNet Clinical Trials**
Alex Limkakeng, Jr., MD, MHSc, FACEP
- 1:30 **Cancer-Associated Ischemic Stroke**
Dylan Ryan, MD
- 2:15 **Break and Exhibitors**
- 2:30 **Aphasia: What It Is and How to Treat It**
Lindsay Halas, MS, CCC-SLP
- 3:15 **Post-Acute Stroke Rehab in the Home**
Lynn Hammer, DC, PT
- 4:00 **Closing Remarks**
- 4:05 pm **Adjourn**

Conference Faculty

Duke University

Mary Guhwe, DNP, FNP-BC, SCRNP
Alex Limkakeng, Jr., MD, MHSc, FACEP
Dylan Ryan, MD
Shashank Shekhar, MD, MSc, FAHA, FANA

University of North Carolina at Chapel Hill

Faris Almubaslat, MD, PhD
Amanda Crooks, MD
Abigail Lange, MD

WakeMed Health & Hospitals

Lindsay Halas, MS, CCC-SLP
Lynn Hammer, DC, PT
Skip Roy, PT, MHA
Lauren Trummel, PharmD

Conference Planning Committee

Conference Course Director

Chandni Kalaria, MD
Raleigh Neurology Associates
WakeMed Health & Hospitals

WakeMed Health & Hospitals

Caitlin Akerman, PharmD, BCPS, BCCP
Tonya Disorbo, MSN, RN, CNRN, SCRNP
Kathy Nadeski, BSN, RN, CEN
Denny Powell, OTL
Kim Willis, MSN, RN, PCCN, NE-BC
Stacy Wilson, MS, OTRL

Wake AHEC

Erica Futrell, MSL
Ellie Hunt, DNP, RN, ACHIP™, CNE, NI-BC

*Pharmacotherapeutic credit



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SEPTEMBER 13, 2025**

Course Credit

CME: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

6.5 Nursing Contact Hours

Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacotherapeutic hours for nurses: 0.5 hours for nurse practitioners and clinical nurse specialists. See Agenda (*) for approved sessions.



Pharmacy: 6.5 contact hours, ACPE # Pending

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Upon fulfillment of the participation requirements, verification of credit will be maintained with the UNC Eshelman School of Pharmacy and a record of successful completion of this activity will be submitted to ACPE/NABP's CPE Monitor.

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 6.0 hours.

Occupational Therapist/Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 6.5 CCAs. Please select contact hours for your certificate.

Speech Language Pathologists: Wake AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.



Case Managers: This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 6.5 CE contact hours.

Contact Hours: Wake AHEC will provide up to 6.5 Contact Hours to participants.

Wake AHEC CEU: Wake AHEC will provide .7 CEU to participants upon completion of this activity.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Registration Fee

- **Early Fee** \$100 for physicians, advanced practice providers and pharmacists; after August 29, 2025 - \$125.
- **Early Fee** \$85 for other healthcare professionals; after August 29, 2025 - \$110.
- Vouchers will be accepted.
- Registration will include online handouts and online certificate of completion.
- Breakfast/breaks/lunch will be provided.
- *To assure quality programming and safety for all participants, babies and children may not attend this program.*
- Call 919-350-8547 for our Inclement Weather Updates.

Cancellations and Refunds

Registrants cancelling between August 28, 2025 and September 9, 2025 will incur a \$35 cancellation fee. No refunds or credits will be given for cancellations received after September 9, 2025. Substitutions are encouraged.

ADA Statement

Visit www.wakeahec.org for our ADA Statement.

Questions?

Contact Kimberly Spencer at 919-350-0480 or kispencer@wakeahec.org



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