



**PRESENTED BY**  
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Health Imaging  
(formerly Carolina  
Speech Pathology)

## Navigating Swallowing Changes Across Adulthood

**Virtual Seminar**  
**Friday, February 28, 2025**

**Zoom Check In 7:50 am**  
**Program 8:00 – 10:00 am**

Healthcare professionals caring for adults across the lifespan must understand the age-related changes in swallowing function. Even healthy adults experience swallowing changes; yet when dysphagia occurs, negative health consequences may ensue. In this webinar, the presenter will:

- Provide an overview of normal swallowing function and common age-related swallowing changes.
- Outline how various medical diagnoses and medications may contribute to dysphagia.
- Describe the negative health consequences of dysphagia as well as the impact on quality of life.
- Provide an overview of the benefits and consequences of various dysphagia interventions in the aging population.

Case studies will be provided to enhance learning.

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This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number # 2U1QHP28734 Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

The UNC Center for Aging and Health, Carolina Geriatric Workforce Enhancement Center also provided support for this activity.

# SWALLOWING THROUGH THE AGES:

## Navigating Swallowing Changes Across Adulthood

### Target Audience

Speech-language pathologists, speech-language assistants, nurses, and other interested healthcare professionals who work with the aging population

### Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Describe possible age-related swallowing changes.
- Identify options for improving swallow safety and efficiency.
- State the risks/benefits of dysphagia, as well as various dysphagia interventions for the aging population.

### Agenda

7:50 am	Check-in
8:00	Welcome and Overview of the Day
8:05	Description of Normal Swallowing Function in Adults
8:15	Review of Age-Related Swallowing Changes
8:30	Common Diagnoses Impacting Swallowing in Aging Adults
8:45	Impact of Medications of Swallow Function in Aging Adults
9:00	Health and Quality of Life Impact of Dysphagia in Aging Adults
9:15	Dysphagia Intervention: Benefits and Consequences
9:35	Case Examples
9:50	Program Summary/Question and Answer
10:00 am	Adjourn

### Credit



ASHA CE  
APPROVED PROVIDER

Intermediate Level  
2.0 ASHA CEUs

**ASHA:** ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

**Speaker Disclosure:** Selena Reece, MS, CCC-SLP, BCS-S has disclosed that she is a salaried employee of Patheous Health Imaging and has no other relevant financial or nonfinancial relationships to disclose.

**Wake AHEC CEU:** Wake AHEC will provide 0.2 CEU to participants upon completion of this activity.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

**Contact Hours:** Wake AHEC will provide up to 2.0 Contact Hours to participants.

### Registration Fee

- **Early Fee** – \$50; after February 14, 2025 – \$70. Vouchers will be accepted.
- Fee will include online handouts and certificate of completion.
- Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.
- Call 919-350-8547 for our Inclement Weather Updates.

### Cancellations and Refunds

Registrants cancelling between February 11, 2025 and February 20, 2025 will incur a \$25.00 cancellation fee. No refunds or credits will be given for cancellations received after February 20, 2025. Substitutes are encouraged.

**Questions?** Contact Sharri Oxendine at 919-350-0461 or soxendine@wakeahec.org.



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