

Learning Objectives

At the conclusion of this competency-based activity, the participant should be able to:

- Discuss current data and factors that contribute to trends in maternal morbidity and mortality.
- Review the perinatal grief process and its effects on families.
- Discuss how to work with grieving parents.
- · Analyze mental health risks following infant loss.
- Verbalize intersections of Perinatal Loss and Secondary Trauma experience by healthcare team members.
- Identify strategies to support individuals that have experienced perinatal loss.

- Explain best practices related to the care of the woman with hypertension
- Address common misconceptions and myths surrounding preconception care after loss.
- Discuss the importance of preconception care for individuals who have experienced pregnancy loss by identifying essential components and highlighting the significance of emotional and physical preparation for future pregnancies.
- Examine the disparities in access to preconception care following pregnancy loss.

IN COLLABORATION WITH

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Agenda

3	
7:45 am	Registration and Continental Breakfast
8:25	Welcome, Opening Remarks Rachel Urrutia, MD, MSCR
8:30	Cultural Lens and Landscape of Infant Loss In North Carolina Keisha Leanne Bentley-Edwards, PhD
9:15	Embracing Hope: Preconception Care Following Loss Latoya Patterson, MD, MPH
10:00	Break
10:15	The Other Postpartum: Psychiatric Sequelae following Newborn/Infant Loss Julia Riddle, MD
11:00	Panel (Lived Experiences) Moderator Dr. Rachel Urrutia & Facilitator Leila Lewis
12:00	Lunch
1:00	Hypertension Disorders Elizabeth Coviello, MD
1:45	A Multidisciplinary Team Approach
2:45	Break
2:50	Navigating the Complexities of Perinatal Loss: Honoring Lived Experience and Addressing Secondary Trauma Kimberly D. Harper, MSN, RN, MHA
3:35	Perinatal Grief Darryl I. Owens, MDiv, BCC, CT
4:20	Conference Wrap-up / Next Steps Dr. Rachel Urrutia, MD, MSCR
4:30	Adjourn

Faculty

Rachel Urrutia, MD, MSCR

Conference Course Director

Women's Health Medical Consultant

Division of Public Health – Women Infant and

Community Wellness Section

North Carolina Department of Health and Human

Services

Keisha L. Bentley-Edwards, PhD

Associate Director of Research, Samuel DuBois Cook

Center on Social Equity

Co-Director, Special Populations Core & the Center

for Equity in Research, CTSI

Associate Professor of Medicine, Division of General

Internal Medicine Duke University

Elizabeth Coviello, DO, FACOG

Assistant Professor, Maternal Fetal Medicine

Medical Director, UNC Hospitals Labor and Delivery

Kimberly D. Harper, RN, MSN, MHA

Perinatal Neonatal Outreach Coordinator UNC Center for Maternal & Infant Health UNC Hospitals

Tomeka James Isaac

Advocate for Reproductive Empowerment

Leila D. Lewis, MFA, R-PLC, CCHW

Facilitator/Consultant Lewis & Lewis, LLC

Darryl I. Owens, MDiv, BCC, CPLC

Women Services Chaplain

Grief Counselor

Department of Pastoral Care

UNC Hospitals

Latoya Patterson, MD, MPH

Assistant Professor | Associate Program Director Department of Obstetrics and Gynecology Duke Women's Health Associates Duke University Medical Center

Julia N. Riddle, MD

Assistant Professor

Reproductive Psychiatrist/Researcher Center for Women's Mood Disorders UNC Hospitals

Racquel Washington, MA

Reproductive Justice Birthworker/

Holistic Yoga & Wellness

The Queen's Collective Birthing

The Queen's Circle-Intentional

Pregnancy Loss Community



Planning Committee

NC DHHS

Rachel Urrutia, MD, MSCR Gerri Mattson, MD, FAAP, MSPH Ebony S. Tate, MSN, CNM Shelby Weeks, MHS

COMMUNITY ENGAGEMENT

Leila D. Lewis, MFA, CCHW, R-PLC

WAKE AHEC

Sandie Manning, MAEd

WAKEMED HEALTH & HOSPITALS

Kristen M. Barbour, BSN, RNC-OB, C-EFM Sherika Hi-Smith, BSN, RN, MPH

Credit

CME: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Critical Challenges & Practical Solutions



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

American College of Obstetricians and Gynecology: The American College of Obstetricians and Gynecologists has assigned up to 6.75 cognate credits to this program.

Contact Hours: Wake AHEC will provide up to 6.75 Contact Hours to participants. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Registration Fee

- **Early Fee** \$25. Reduced registration fees thanks to the generous support of Duke Area Health Education Center.
- · Vouchers will be accepted.
- · Registration will include online handouts and online certificate of completion.

Cancellations and Refunds: Registrants cancelling between August 8, 2024 and August 19, 2024 will incur a \$25 cancellation fee. No refunds or credits will be given for cancellations received after August 8, 2024. Substitutes encouraged. Vouchers will be accepted.

ADA Statement

Visit www.wakeahec.org for our ADA Statement.

Questions? Contact Julia Jenkins at 919-350-0455 or julienkins@wakeahec.org.

