

# Live Webinar: Supporting Autistic Youth and Young Adults in the Transition to Adulthood

**WAKE AHEC**  
PART OF NC AHEC

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Friday, January 12, 2024

Registration: 8:50am

Program: 9:00am – 12:15pm

Location: Zoom

Event #71504ks

**Program Description:** Research indicates that autistic young adults often face more challenges as they transition into adulthood than their neurotypical peers and peers with other disabilities. These challenges can result in lower levels of participation in post-secondary education, employment, and social and community engagement. There are practices and supports during high school and young adulthood that have been linked to positive outcomes in adulthood. This presentation will provide an overview of current research related to outcomes of autistic adults, perspectives from autistic youth and young adults and their families about adult outcomes, and ideas for supporting more positive outcomes during and after high school.

## Target Audience

Speech Language Pathologists, Speech Language Pathology Assistants, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, , Psychologists, Counselors, Special Educators, Vocational Rehabilitation and other interested healthcare professionals who work with this school-based population

## Objectives

At the conclusion of this educational activity, participants should be able to:

1. Describe current research related to adult outcomes for autistic young adults.
2. Identify best practices that can help autistic youth and young adults as they transition into adulthood.
3. Identify available resources related to areas of interest and community support for autistic youth and young adults.
4. Discuss ideas for supporting autistic youth and young adults in your setting and community.

## Speakers

**Jessica Steinbrenner, PhD, CCC-SLP**

Associate Professor, Speech and Hearing Sciences

Department of Health Sciences

Faculty Fellow, Frank Porter Graham Child Development Institute

University of North Carolina at Chapel Hill

**Jean Jarrett, CCC-SLP, BCBA**

Doctoral student

Department of Health Sciences

University of North Carolina at Chapel Hill

## Registration Fee

Early Fee - \$30; after January 05, 2024 - \$50. Vouchers will be accepted.

- Fee will include handouts and certificate of completion.
- Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA Statement and call 919-350-8547 for Inclement Weather updates.
- Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

## Cancellations and Refunds

Registrants cancelling between December 29, 2023, and January 9, 2024, will incur a \$25.00 cancellation fee. No refunds or credits will be given for cancellations received after January 9, 2024. Substitutes are encouraged.

## Agenda

8:50am	Registration
9:00	<b>Welcome, Introductions and Overview</b>
9:10	<b>Current Research</b>
9:40	<b>Evidence-Based Practices</b>
10:30	Break
10:45	<b>Evidence-Based Practices (cont.)</b>
11:40	<b>Available Resources</b>
12:00	<b>Q&amp;A, Program Summary &amp; Evaluation</b>
12:15pm	Adjourn

## Credit

**Speech Language Pathologists:** Wake AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

**Occupational Therapists:** As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 5.25 CCAs. Please select contact hours for your certificate

**NCBPTE:** Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 3.0 hours.



Wake AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6477. Programs that do not qualify for NBCC credit are clearly identified. Wake AHEC is solely responsible for all aspects of the programs.

**Category A NC Psychology Credit:** This program will provide 3.0 contact hours (Category A) of continuing education for North Carolina Psychologists. *Partial credit will not be awarded.*

**Wake AHEC CEU:** Wake AHEC will provide 0.3 CEU to participants upon completion of this activity.

*A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.*

**Contact Hours:** Wake AHEC will provide up to 3.0 Contact Hours to participants.

**Questions?** Contact Kimberly Spencer at [kispencer@wakeahec.org](mailto:kispencer@wakeahec.org) or 919-350-0480.

**REGISTER ONLINE TODAY!**

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