

## Smooth Transitions: Supporting Children & Parents in Returning to School

Tuesday, September 24, 2024

Registration & Dinner: 5:30 pm

Program: 6:00 pm- 7:00 pm

WakeMed Andrews Conference Center, Raleigh, NC

**WAKE AHEC**  
PART OF NC AHEC

**RECRUIT  
TRAIN  
RETAIN**

Event #74055lh

**Program Description:** Returning to school poses unique emotional, social, and cognitive challenges for both students and parents. This presentation will explore the challenges students and parents face when returning to school and discover effective strategies to support a smooth transition for all.

### Location

WakeMed Andrews Conference Center

3000 New Bern Ave.

Raleigh, NC 27610

*Directions and parking information will be emailed with your confirmation letter.*

### Target Audience

Behavioral health and healthcare providers

### Objectives

At the conclusion of this educational activity, participants should be able to:

1. Explain the unique emotional, social, and cognitive challenges children face as they return to school.
2. Identify ways in which children with special learning needs and/or mental health conditions, as well as their parents, may face additional stressors.
3. Discuss strategies to support children of all abilities and their parents as they return to school.

### Speaker(s)

Laura Politte, MD

Dr. Politte is a board-certified child/adolescent and adult psychiatrist, currently serving as medical director of outpatient services in the WakeMed Mental Health and Well-Being service line. She attended medical school at UNC-Chapel Hill and completed her residency and fellowship training at Massachusetts General Hospital in Boston, MA. Before joining WakeMed in July 2019, she worked at UNC's Carolina Institute for Developmental Disabilities, both as a clinician and clinical researcher. Her primary clinical practice is in the WakeMed outpatient child psychiatry clinic and with the Collaborative Care team. Her special interest is in treating children and adults with neurodevelopmental disorders, including ADHD, autism spectrum disorder, intellectual disability, and genetic syndromes.

### Credit

**CME Credit:** The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Wake AHEC is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.



Wake AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6477. Programs that do not qualify for NBCC credit are clearly identified. Wake AHEC is solely responsible for all aspects of the programs.

**Category A NC Psychology Credit:** This program will provide 1.0 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

**Contact Hours:** Wake AHEC will provide up to 1.0 Contact Hours to participants.

### Registration Fee

\$0 – Fee; Support for this program has been provided by the WakeMed Foundation

- Include handouts and certificate of completion.
- Dinner will be provided.
- Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA Statement, and call 919-350-8547 for Inclement Weather updates.
- Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.
- To assure quality programming and safety for all participants, babies and children may not attend this program.

**REGISTER ONLINE TODAY!**  
**[WWW.WAKEAHEC.ORG](http://WWW.WAKEAHEC.ORG)**

Questions? Contact Lorie Houston at [lhouston@wakeahec.org](mailto:lhouston@wakeahec.org) or 919-350-0471.