

2ND ANNUAL

OPTIMIZING OUTCOMES

MATERNAL MENTAL HEALTH AND SUBSTANCE USE DISORDERS SUMMIT

SAVE THE DATE

Friday, August 15, 2025

**Hyatt Place Durham/Southpoint
DURHAM, NC**

FEATURED KEYNOTES



**Janelle Palacios,
PhD, CNM**

Founder of
Encoded 4 Story



Jamie Belsito, BA

Founder and Policy &
Partnerships Director
of Maternal Mental
Health Leadership
Alliance

Registration opening soon!
wakeahec.org

Through the efforts of NC MATTERS and the Optimizing Outcomes: MMHSUD Summit, healthcare and public health professionals will be uniquely positioned to support a maternal health call to action. The purpose of this event is to provide relevant updates in maternal health screening and treatment options and elevate destigmatizing approaches to integrated care. Participants will have the opportunity to address real world scenarios by engaging in peer-to-peer sharing across varying perinatal care regions and to explore leading recommendations and resources that aid in practice change.

This activity has been approved for AMA
PRA Category 1 Credit™

Official summit brochure to come, including
hotel/group rate information.

Target Audience

Physicians (OB/GYN, family medicine, primary care, psychiatry, specialists), advanced care practitioners, behavioral health and substance use professionals (psychologists, therapists, social workers, counselors), nurses, doulas and support teams, as well as others interested from across North Carolina