

# LEADING WITH PURPOSE AND CONFIDENCE

*Do you influence, guide, organize and inspire others to achieve a goal?*

*Do you aspire to grow as a leader?*

Join public health leaders from within your organization and across your region. Connect with your public health community to encourage one another, share valuable insights, and grow your leadership capacity. This **6-day program** is a **PAUSE POINT** to refresh yourself and support your growth as a leader, so you can inspire those around you and contribute to the success of your organization.

## DATES

Launch Session: January 9-11

Glide Session: February 6-8

*Plan to attend both weeks.*

## LOCATION

Hilton Raleigh North Hills

## Free to Region 7 LHD employees!

*Spaces limited, respond to [Nedra Draughn](#) by **November 3** to let us know if you are interested.*

*This conference is supported through a contract to the North Carolina Institute for Public Health from the North Carolina Division of Public Health (NC DHHS) as part of the American Rescue Plan Act (ARPA) investment in North Carolina's public health workforce.*



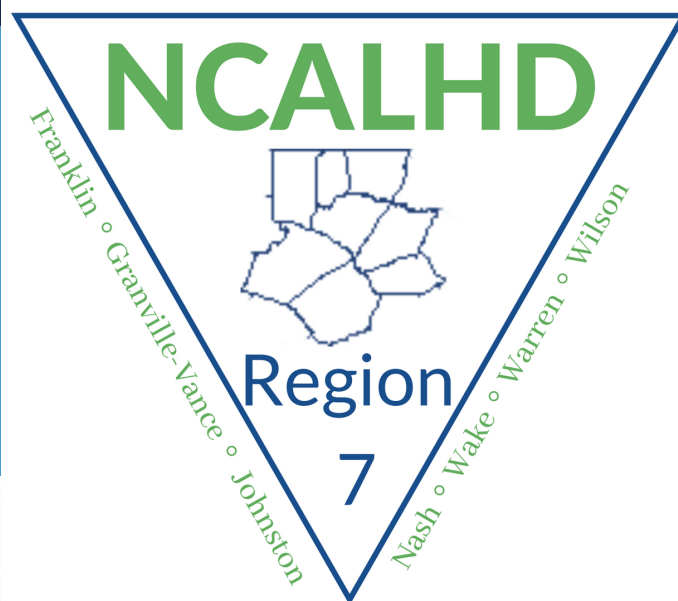
GILLINGS SCHOOL OF GLOBAL PUBLIC HEALTH  
North Carolina Institute for Public Health



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES  
Division of Public Health

**NC AHEC**

RECRUIT  
TRAIN  
RETAIN



## TOPIC AREAS

### Reflect, Refresh and Reset

Reflect on your leadership journey, where you are, what/who has inspired you along the way, the things you want to leave behind and the things you want to strive for in the future.

### Leaving a Legacy

Discuss what it means to leave a legacy and how your leadership can make your organization and the people in it better than they were yesterday.

### Leading in Changing Times

Change brings about new opportunities. Discover strategies to adapt to changing environments while leading those around you to be adaptive, innovative, and opportunistic.

### Communicating Well

Communication is at the heart of leadership. Discover ways you can have honest and meaningful conversations that encourage others to share their perspectives and fuel problem-solving.

### Horizon Thinking by Design

In an ever-changing environment, successful leaders anticipate what lies on the horizon while maintaining the agility to adapt and change strategy. Discover new techniques to foster creative thinking about emerging opportunities.