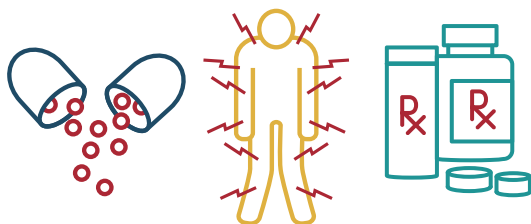


NEW PERSPECTIVES IN **PAIN** MANAGEMENT

Kicking the 30-year Opioid Habit



SATURDAY, OCTOBER 5, 2024

8:00 AM TO 2:00 PM

Check-In 7:30 am

William F. Andrews Conference Center

3024 New Bern Avenue

Raleigh, NC 27610

KEYNOTE ADDRESS

Patient and Prescriber... Real-Life Impact of Opioids

CO-PRESENTERS

Nick Barra and Dr. Douglas Holden

This opioid stewardship conference shares new perspectives in the medical management of pain including changing the culture around pain assessment, conducting conversations with patients on expectations and management of pain, choosing pain management appropriate to the condition being treated and age of the patient, leveraging interprofessional approaches to pain prevention and management, and managing pain using pharmacologic and non-pharmacologic modalities.

Target Audience

Physicians, physician assistant, advanced practice registered nurses, registered nurses, licensed practical nurses, rehabilitation therapists, physical therapists/assistants, occupational therapists/assistants, health educators, substance use professionals

Keynote Speakers

Douglas Holden, DDS, MD, MHCM, MBA, is a Board Certified orthopaedic surgeon practicing in Fair Lawn, New Jersey. He is a Fellow of the American Academy of Orthopaedic Surgeons and a Diplomat of the American Board of Orthopaedic Surgery. [CLICK HERE TO LEARN MORE](#). **Nick Barra** is an electrician, father, veteran, and mentor/sponsor who has overcome opioid addiction and has helped numerous individuals on their journey to sobriety. The two have presented their story in a multitude of settings and to various groups including grade school, middle school, high school as well as multiple medical and nursing conferences. Their stated purpose is "to make people aware of the causes/risks of addiction and to also show that there is hope when those affected can get proper help."

IN COLLABORATION WITH WAKE COUNTY HEALTH AND
HUMAN SERVICES-DRUG OVERDOSE PREVENTION INITIATIVE

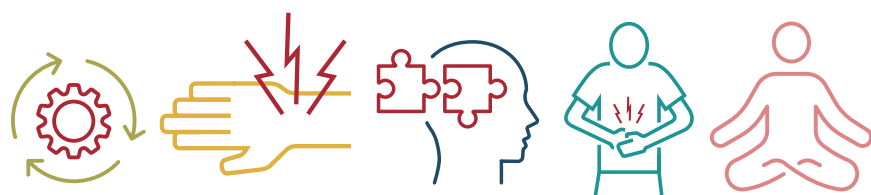
CELEBRATING 50 YEARS
WAKE AHEC
PART OF NC AHEC

DUKE AHEC
PART OF NC AHEC



This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number # 2U1QHP28734 Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

The UNC Center for Aging and Health, Carolina Geriatric Workforce Enhancement Center also provided support for this activity.



Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Describe the need to change the culture around pain assessment and management.
- Appraise how shared communication between patients and healthcare professionals influences pain management.
- Employ opioid-sparing initiatives such as interprofessional non-pharmacological pain management alternatives and ERAS protocols.
- Evaluate pharmacologic and non-pharmacologic modalities in pain management appropriate to the age of the patient.

Agenda

7:30 am	Check-in, Continental Breakfast, and Exhibitors
8:00 am	Keynote: Patient and Prescriber... Real Life Impact of Opioids Nick Barra and Douglas Holden DDS, MD, MHCM, MBA
9:00 am	Harnessing the Power of ERAS...Reshaping Opioid Utilization in Healthcare Gina McConnell, BSN, RN
9:45 am	Break and Exhibitors
10:00 am	Changing the Language of Pain David R. Lindsay, MD
10:45 am	When the Issue Isn't in the Tissue...Therapeutic Neuroscience Education & Physical Therapy Jennifer Harrington, PT, DPT, WCS, CLT
11:10 am	Cognitive Behavioral Therapy: Reframe the Pain Loryn Jones, MSW, LCSW
11:30 am	Lunch and Exhibitors
12:15 pm	Interventional Acute Pain Medicine: Strategies and Current Practice Alicia Warlick, MD, FASA
1:00 pm	Opioid Crisis: State and Federal Data & Policy Update Savannah Simpson, MSPH
1:45 pm	Q&A Alicia Warlick, MD, FASA
2:00 pm	Closing Remarks and Adjourn

NEW PERSPECTIVES IN **PAIN** **MANAGEMENT**

**Kicking the 30-year
Opioid Habit**

Plenary Session Speakers

Jennifer Harrington, PT, DPT, WCS, CLT

Clinical Supervisor, Outpatient
Rehabilitation

WakeMed Health & Hospitals

Loryn Jones, MSW, LCSW

Advance Primary Care Centers of
Excellence in Psychiatry
and Behavioral Health

David R. Lindsay, MD

Assistant Consulting Professor in the
Department of Anesthesiology
Duke University

Anesthesiology

VA Anesthesiology Service

Gina McConnell, BSN, RN, CCRN

ERAS Coordinator

WakeMed Health & Hospitals

Savannah Simpson, MSPH

Senior Manager, Justice System
Innovations Section

Division of Mental Health,
Developmental Disabilities and
Substance Use Services

North Carolina Department of Health
and Human Services

Alicia Lopez Warlick, MD, FASA

Director Perioperative
Pain Medicine, ERAS

ECAA, Raleigh

WakeMed Health & Hospitals



CLICK HERE TO REGISTER

Credit

CME Credit: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited

by the SSCC to provide continuing medical education for physicians.

5.0 Nursing Contact Hours, 5.0

Pharmacotherapeutic Contact Hours: Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is approved for 4.5 hours.

Occupational Therapist/Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 8.0 CCAs. Please select contact hours for your certificate.

Application for CHES® (entry-level) / MCHES® (advanced level) Category I continuing education contact hours (CECH) has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC).

Sponsored by North Carolina AHEC, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 5.0 total Category I contact education contact hours. Provider # 98985

NCASPPB: Application has been made to the North Carolina Addictions Specialist Professional Practice Board for 5.0 hours of Substance Abuse Specific credit.

NEW PERSPECTIVES IN

PAIN MANAGEMENT

Kicking the 30-year
Opioid Habit

Wake AHEC CEU: Wake AHEC will provide 0.5 CEU to participants upon completion of this activity. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Contact Hours: Wake AHEC will provide up to 5.0 Contact Hours to participants.

Registration Fee

Reduced registration fees thanks to the generous support of Duke Area Health Education Center.

- **Registration:** \$75. Vouchers will be accepted.
- Fee will include online handouts/online certificate of completion.
- Continental Breakfast/lunch will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.

Cancellations and Refunds Registrants cancelling between September 21 and October 2, 2024 will incur a 30% cancellation fee (\$25 minimum). No refunds or credits will be given for cancellations received after October 2, 2024. Substitutes are encouraged.



CLICK HERE TO REGISTER

Planning Committee

WAKEMED HEALTH AND HOSPITALS

Alicia Lopez Warlick, MD, FASA

Conference Course Director
Director Perioperative Pain Medicine, ERAS
ECAA, Raleigh

Tana Royal, AGNP-C

Conference Lead Planner
Carolina Rehabilitation and Surgical Associates
Inpatient Pain Service

Kaytlin Atwood, MSN, APRN, AGCNS-BC, MEDSURG-BC

Medical-Surgical Clinical Nurse Specialist, CNRS Team

Lisa Chamberlain, PT, DPT, MHA, ATC

Manager, Outpatient Rehabilitation

Gina McConnell, BSN, RN, CCRN

ERAS Coordinator

WAKE AREA HEALTH EDUCATION CENTER

Ellie Hunt, DNP, RN, ACHIP™, CNE, NI-BC

Associate Director, Nursing

Erica Futrell, MSL

Associate Director, CME and Pharmacy

Lorie Houston

Project Coordinator, Nursing

Brynne Spence, MS

Project Coordinator, Nursing

Nilu Wieties, MPH, RN

Director, Continuing Professional Development

ADA Statement

Visit www.wakeahec.org for the WAKE AHEC ADA Statement.

Photo Policy

Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Questions? Contact Brynne Spence at 919-350-0462 or bspence@wakeahec.org.

NEW PERSPECTIVES IN

PAIN MANAGEMENT

Kicking the 30-year
Opioid Habit



CLICK HERE TO REGISTER