



THE GUT FATHER

Obesity Treatment

SCENE | 1 | TAKE | 1

Saturday February 7, 2026

Live In-Person and Online Event

Registration & Breakfast
7:30 a.m.

Location

North Carolina Heart and Vascular Center for Innovation and Learning Conference Room
2800 Blue Ridge Road, Raleigh, NC

Description

Obesity is a chronic disease and health pandemic. The discussion will include a comprehensive, multidisciplinary review of obesity and its evaluation and treatment, specifically focusing on evidence-based roles of medicine, nutrition, psychology, exercise and surgery.

Target Audience

Internal Medicine, Gynecology, and Family Practice Physicians; PAs, NPs, and RNs

Agenda

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|--|--------------|---|
| 7:55 a.m. Webinar Open | 9:40 | <i>Charlie and the Chocolate Factory: Is Sugar Actually Addictive?</i>
Joanna Schechner, PsyD |
| 8:00 | | |
| Welcome and Instructions
Peter Ng, MD | 9:55 | <i>No Country for Old Scalpels</i>
Basil Yurcisin, MD |
| 8:05 | | |
| <i>Dazed and Confused: Your Gut on Cannabis</i>
Lindsey Sharp, MD | 10:10 | BREAK |
| 8:20 | | |
| <i>Mission Possible: Reprogramming the Mind for Lasting Change and Weight Management</i>
Clinton Bolton, PhD | 10:30 | <i>Pulp Fiction: Fiber and Gut Health</i>
Liz Langston, RD |
| 8:35 | | |
| <i>The Green Mile: Probiotics and Weight Loss</i>
Lauren Hawley, RD | 10:45 | <i>The Metabolic Avengers: GLP-1s and Lifestyle Unite</i>
Angela Lipscomb-Hudson, MD |
| 8:50 | | |
| <i>The Hunger Games: Real World Data on GLP-1 Treatment</i>
Erica McKearney, PA-C | 11:00 | Closing Remarks and Adjourn
Peter Ng, MD |
| 9:05 | | |
| BREAK | | |
| 9:25 | | |
| <i>Show Me the Money! Is Bariatric Surgery a Cost Effective Treatment?</i>
Dustin Bermudez, MD | | |

Joint Providership by



Wake AHEC is part of the North Carolina AHEC Program.



Scan to register today!
See reverse for more information

The Gut Father: Obesity Treatment

Register Today



Scan the code to register or visit www.wakeahec.org

- **No registration fee**—Funding is provided by North Carolina Surgery
- Registration will include online handouts and online certificate of completion
- **Virtual event**—Connect to webinar 5 minutes prior to conference start time
- **In-person event**—Registration, networking and breakfast begins at 7:30
- Last day to change your registration (in-person or virtual) will be **Thursday, January 29, 2026**
- Last day to register for the virtual event is **Thursday, February 5, 2026**
- Inclement weather updates, call **919-350-8547**
- Visit www.wakeahec.org for our ADA Statement

Questions

Contact Alexis Siver at **(919) 350-0434** or asiver@wakeahec.org

Speakers/Faculty

Peter Ng, MD, FACS, FASMBS
Course Director

Dustin Bermudez, MD, FACS, FASBMS

Benjamin Crisp, MD

Angela Lipscomb-Hudson, MD

Lindsey Sharp, MD, FACS, FASMBS

Linda Youngwirth, MD, FACS, FASMBS

Basil Yurcisin II, MD, FACS, FASMBS, DABS-FPMBS

Clinton Bolton III, PhD, LCMHC, LCMHC-S, NCC

Mary Gray Hixson, MPH, RD, LDN

Lauren Hawley, MR, RD, LDN

Liz Langston, MS, RD, LDN, CDCES

Erica McKearney, PA-C

Joanna Schechner, PsyD

Course Credit

CME: The Wake Area Health Education Center designates this live activity for a maximum of 2.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Hours: Wake AHEC will provide up to 2.25 Contact Hours to participants.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Wake Area Health Education Center and UNC Rex Healthcare. The Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

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