



HOLISTIC SUPPORT FOR OLDER ADULTS & CAREGIVERS

THURSDAY, AUGUST 29, 2024

CHECK IN 7:15 am • **PROGRAM** 7:50 am – 4:20 pm

The William F. Andrews Conference Center, 3024 New Bern Ave, Raleigh, NC 27610

This conference is designed to provide health care professionals with new perspectives as they care for older adults. Content will focus on caregiver burnout and prevention strategies, community groups, adult daycare, respite care, dietetic needs, meal supplementation, falls with the aging population, discussion surrounding the process for achieving Level 1 Geriatric Emergency Department Accreditation, durable medical equipment and assistive devices, a leadership panel on living facilities, as well as affordable housing.



This project is supported by funds from the Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number # 2U1QHP28734 Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are

those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHPr, HRSA, DHHS or the U.S. Government.

The UNC Center for Aging and Health, Carolina Geriatric Workforce Enhancement Center also provided support for this activity.



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CARE AT THE EDGES

HOLISTIC SUPPORT FOR OLDER ADULTS AND CAREGIVERS

Target Audience

Physicians, Physician Assistants, Nurse Practitioners, Registered Nurses, Social Workers, Case Managers, Psychologists, Chaplains, Physical Therapists/assistants, Occupational Therapists/assistants, Home Health Professionals, Nursing Home Administrators, and other healthcare professionals involved in the care of older adults

Learning Objectives

At the conclusion of this competency-based activity, the participant should be able to:

- Discuss durable medical equipment and assistive devices available for older adults.
- Identify assisted living and memory care communities for seniors, the services available, and how they collaborate with acute medical treatment settings.
- Identify gaps in nutrition related needs for older adults.
- Discuss requirements for achieving an accredited Level I Geriatric ED Program.
- Describe how to prevent and manage complications for falls in the geriatric population.

Faculty

Brookdale

Carmen Argiros

DHIC

LaTonya Mckoy

Kayla Rosenberg Strampe

Swift Creek at Templeton

Alicia Stewart

University of North

Carolina at Chapel Hill

George Clement, MD

Wake Emergency Physicians, PA

Eric LeFebvre, MD, FACEP

WakeMed Health and Hospitals

Jiselle Bock, MD, MPH

Sarah Brown, PT, DPT

Parul Kharod, MS, RD, LDN

Amy Short, MSN, RN, NEA-BC

Dana Thomson, PT, DPT, CSRS



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Agenda

- 7:15 am **Registration, Breakfast, and Exhibitors**
- 7:50 am **Welcome and Announcements**
- 8:00 am **Keeping Caregivers Connected**
George Clement, MD
- 9:00 am **Nutrition Considerations in the Aging Population**
Parul Kharod, MS, RD, LDN
- 10:00 am **Break and Exhibitors**
- 10:15 am **Save your Mama From the Trauma: Frailty, Falls and Fractures in the Geriatric Population**
Jiselle Bock, MD, MPH
- 11:15 am **How to Build a Level I Geriatric ED Program**
Eric LeFebvre, MD, FACEP
Amy Short, MSN, RN, NEA-BC
- 12:15 pm **Lunch and Exhibitors**
- 1:15 pm **DME and Assistive Devices for the Aging Population**
Sarah Brown, PT, DPT
Dana Thomson, PT, DPT, CSRS
- 2:15 pm **Living Facility Leadership Panel**
Moderator: Eric LeFebvre, MD, FACEP
Panelists: Alicia Stewart and Carmen Argiros
- 3:15 pm **Break**
- 3:30 pm **Affordable Housing with DHIC**
LaTonya Mckoy
Kayla Rosenberg Strampe
- 4:15 pm **Wrap up & Closing Comments**
- 4:20pm **Adjourn**



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Credit

CME: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

6.75 Nursing Contact Hours

Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 6.0 hours.

Occupational Therapist/Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 6.75 CCAs. Please select contact hours for your certificate.

Category A NC Psychology Credit: This program will provide 6.75 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.



Case Managers: This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 6.75 clock hours.

Nursing Home Administrators (NCBENHA): Wake Area Health Education Center will provide 6.75 Clock Hours. Pending approval.

Certified Chaplains: The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®.

Contact Hours: Wake AHEC will provide up to 6.75 Contact Hours to participants.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Registration Fee

- Fee - \$79
- Vouchers will be accepted.
- Registration will include online handouts and online certificate of completion.

Cancellations and Refunds

Registrants cancelling between August 14, 2024 and August 26, 2024 will incur a \$25 cancellation fee. No refunds or credits will be given for cancellations received after August 26, 2024. Substitutes encouraged.

ADA Statement

Visit www.wakeahec.org for our ADA Statement.

Questions? Contact Julia Jenkins at 919-350-0455 or juljenkins@wakeahec.org.



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