



HOLISTIC HORIZONS

MULTIDISCIPLINARY PERSPECTIVES IN AGE-FRIENDLY CARE

FRIDAY, SEPTEMBER 19, 2025

REGISTRATION 7:15 am • **PROGRAM** 7:50 am – 4:15 pm

The William F. Andrews Conference Center, 3024 New Bern Ave, Raleigh, NC 27610

This conference is designed to provide health care professionals with multidisciplinary perspectives as they care for older adults. Content will focus on decision making around dialysis in older adults, geriatric psychiatry, EMS Care for the Aging Population, geriatric initiatives at WakeMed, anti-amyloid monoclonal antibodies, a patient, caregiver, and families panel on ageism in medicine, and a panel of community faith leaders that will discuss spiritual and cultural considerations in geriatric care. We look forward to seeing you there!

Target Audience

Physicians, Physician Assistants, Nurse Practitioners, Registered Nurses, Social Workers, Case Managers, Psychologists, Chaplains, Physical Therapists, Occupational Therapists, Speech Language Pathologists, Home Health Professionals, Nursing Home Administrators, EMTs, and other healthcare professionals involved in the care of older adults

Learning Objectives

At the conclusion of this competency-based activity, the participant should be able to:

- Discuss how ageism in medicine can affect care for the older adult patient.
- Elaborate on the geriatric initiatives at WakeMed.
- Discuss anti-amyloid monoclonal antibodies.
- Describe decision making around dialysis in older adults.
- List the current trends in geriatric psychiatry.
- Discuss EMS care for the aging population.
- Describe spiritual and cultural considerations in geriatric care.

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Agenda

All presentations will be held in Rooms 1 & 2, exhibitors will be in the hallway, and poster presentations (optional/no credit awarded) will be in the atrium.

- 7:15 am **Registration, Breakfast, and Exhibitors** (Hallway)
- 7:50 **Welcome and Announcements**
Eric LeFebvre, MD, FACEP and Erica Futrell, MSL
- 8:00 **Ageism in Medicine: Patient, Caregiver, and Families Panel**
Moderator: Christine Khandelwal, DO, MHPE, FAAFP, FAAHPM
- 9:00 **Geriatric Initiatives at WakeMed**
Kyle Clise, MBA, MHA and Kaytlin Atwood, DNP, APRN, AGCNS-BC, MEDSURG-BC
- 10:00 **Break and Exhibitors (Hallway)**
- 10:10 **Poster Presentations** (Atrium/No Credit Awarded/Optional)
- 10:30 **Anti-Amyloid Monoclonal Antibodies***
Kim Johnson, MD
- 11:15 **Decision Making Around Dialysis in Older Adults**
Eva Stein, MD
- 12:15 pm **Lunch and Exhibitors** (Hallway)
- 12:45 **Poster Presentations** (Atrium/No Credit Awarded/Optional)
- 1:00 **Exhibitors** (Hallway)
- 1:15 **Geriatric Psychiatry from the ED Perspective**
Keri Metcalf, MD
- 2:15 **EMS Care for the Aging Population**
Casey Mason, BS, Paramedic, CIT
- 3:00 **Break and Exhibitors** (Hallway)
- 3:10 **Poster Presentations** (Atrium/No Credit Awarded/Optional)
- 3:30 **Spiritual and Cultural Considerations in Geriatric Care Panel**
Moderator: Rev. Jeremy Gilmore, PhD, MDiv
Community Faith Leaders
Victoria Blount, Fiaz Fareed, Anne Packett, and Thankam Rangala
- 4:15 pm **Closing Comments and Adjourn**
Eric LeFebvre, MD, FACEP and Erica Futrell, MSL

* Pharmacotherapeutic credit



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Credit

CME Credit: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

6.25 Nursing Contact Hours

Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacotherapeutic hours for nurses: .75 hours for nurse practitioners and clinical nurse specialists. See Agenda (*) for approved sessions.

Category A for Psychology: This program will provide 6.25 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 6.25 hours.

Occupational Therapist/Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 6.25 CCAs. Please select contact hours for your certificate.

Speech Language Pathologists: Wake AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.



CCM – Certified Case Manager: This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 6.25 clock hours.

Nursing Home Administrators (NCBENHA) Wake Area Health Education Center will provide 6.25 Clock Hours. Pending Approval.

Certified Chaplains: The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®.

Contact Hours: Wake AHEC will provide up to 6.25 Contact Hours to participants.

CEU Wake AHEC will provide 0.6 CEU to participants upon completion of this activity. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

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Faculty

Campbell University

Christine Khandelwal, DO, MHPE, FAAFP, FAAHPM

Community Faith Leaders

Victoria Blount

Fiaz Fareed

Anne Packett

Thankam Rangala

Duke University

Kim Johnson, MD

University of North Carolina at Chapel Hill

Eva Stein, MD

Wake Emergency Physicians, PA

Eric LeFebvre, MD, FACEP

Casey Mason, BS, Paramedic, CIT

WakeMed Health and Hospitals

Kaytlin Atwood, DNP, APRN, AGCNS-BC, MEDSURG-BC

Kyle Clise, MBA, MHA

Rev. Jeremy Gilmore, PhD, MDiv

Keri Metcalf, MD

Planning Committee

Campbell University

Christine Khandelwal, DO, MHPE, FAAFP, FAAHPM

Wake AHEC

Erica Futrell, MSL

Ellie Hunt, DNP, RN, ACHIP™, CNE, NI-BC

Wake Emergency Physicians, PA

Eric LeFebvre, MD, FACEP

Conference Course Director

WakeMed Health and Hospitals

Kaytlin Atwood, DNP, APRN, AGCNS-BC, MEDSURG-BC

Kyle Clise, MBA, MHA

Elaine Marinello, MSN, RN, NPD-BC

Sarah McIntyre, MSN, CEN

Brigit Piercy, MHA, BSN, NEA-BC

Registration Fee

Fee \$85

- Vouchers will be accepted.
- Registration will include online handouts and online certificate of completion.
- Breakfast/breaks/lunch will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.

Cancellations and Refunds

Registrants cancelling between September 1, 2025 and September 15, 2025 will incur a \$35 cancellation fee. No refunds or credits will be given for cancellations received after September 15, 2025. Substitutes encouraged.

ADA Statement

Visit wakeahec.org for our ADA Statement.

Questions? Contact Erica Futrell at 919-350-0453 or efutrell@wakeahec.org.



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