



## A Call to Action

3024 New Bern Avenue, Raleigh, NC 27610

Co-Presenters: Dr. Douglas Holden and Nick Barra

## Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Discuss the risks, causes, signs of addiction and the potential hope for recovery when proper help is provided.
- Detail the neurobiology of addiction and its implications for compassionate patient-centered care.
- Define Harm Reduction in terms of its purposes, strategies and role in the safe treatment of substance use disorder.
- Describe the use and effectiveness of Suboxone and Buprenorphine for pain management.
- Recognize non-pharmacological alternatives for pain management to include behavioral health therapies, physical therapy interventions and acupuncture techniques.
- Explain regional and femoral blocks as new treatments for acute and perioperative pain.

## Agenda

7:30 am	<b>Registration and Continental Breakfast</b>
8:00	<b>Opioids Cause and Affect: The Doctor and Me</b> Douglas Holden, MD Nick Barra, Mentor/Sponsor
9:00	<b>The Neurobiology of Addiction: Implications for Compassionate Care</b> Micah Krempasky, MD
10:00	<b>Break and Visit Exhibitors, Complementary Therapies*</b>
10:30	<b>We Gotta Be There: How Harm Reduction, Outreach, and Access are Changing Lives in Wake County</b> Justin Garrity, MSW, LCASA
11:15	<b>Use of Suboxone and Buprenorphine for Pain Management</b> Steven Prakken, MD
12:15 pm	<b>Lunch and Visit Exhibitors, Complementary Therapies*</b>
1:00	<b>Panel: Non-Pharmacological Alternatives for Pain Management</b>  <b>Pain through a Bio-Psychosocial Lens: Identifying the Individual's Route to Pain</b> Loryn Jones, MSW, LCSW  <b>The Role of Physical Therapy in Opioid Stewardship</b> Lisa Chamberlain, PT, DPT, MHA, ATC  <b>Acupuncture Types and Options</b> Janet Shaffer, LAc Dipl OM (NCCAOM)
2:15	<b>Break</b>
2:30	<b>New Treatment for Acute and Perioperative Pain-Regional/Femoral Blocks</b> Graham Snyder, MD, FACEP Alicia Warlick, MD, CPT
3:30 pm	<b>Adjourn</b>

\* Representatives from various types of complementary therapies used for the prevention, management and treatment of pain will be available to provide information and experiential learning opportunities.

# NEW PERSPECTIVES IN PERSON-CENTERED **PAIN** **MANAGEMENT** A Call to Action

## Plenary Session Speakers

**Micah Krempasky, MD**  
Chief Medical Officer, Behavioral Health  
WakeMed Health & Hospitals  
Raleigh, NC

**Justin Garrity, MSW, LCASA**  
Director of Men's Recovery Services  
Healing Transitions  
Raleigh, NC

**Steven Prakken, MD**  
Advance Primary Care Centers of  
Excellence in Psychiatry and  
Behavioral Health  
Raleigh, NC

**Loryn Jones, MSW, LCSW**  
Advance Primary Care Centers of  
Excellence in Psychiatry and  
Behavioral Health  
Raleigh, NC

**Lisa Chamberlain, PT, DPT, MHA, ATC**  
Manager, Outpatient Rehabilitation  
WakeMed Health & Hospitals  
Raleigh, NC

**Janet Shaffer, LAc Dipl OM (NCCAOM)**  
Licensed Acupuncturist  
Duke Integrative Medicine  
Durham, NC

**Graham Snyder, MD, FACEP**  
Director of Education  
Wake Emergency Physicians  
Medical Director, Simulation Center  
WakeMed Health & Hospitals  
Raleigh, NC

**Alicia Warlick, MD, CPT**  
American Anesthesiology of NC  
Raleigh, NC



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## NEW PERSPECTIVES IN PERSON-CENTERED

# PAIN MANAGEMENT

## A Call to Action

### Credit

**CME Credit:** The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Wake AHEC is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

**6.0 Nursing Contact Hours:** This nursing continuing professional development activity was approved by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (Credit Awarded by NC SPICE Office)

**6.0 Pharmacotherapeutic** Contact Hours will be awarded to Advance Practice Nurses.

### ADA CER-P® | Continuing Education Recognition Program

The North Carolina Area Health Education Centers are an ADA CER-P Recognized Provider. ADA CER-P is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CER-P does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).

The North Carolina Area Health Education Centers designates this activity for up to 6.0 hours of continuing education credits.

**NCASPPB:** Application has been made to the North Carolina Addictions Specialist Professional Practice Board for 6.0 hours of Substance Abuse Specific credit.

**Wake AHEC CEU:** Wake AHEC will provide 0.6 CEU to participants upon completion of this activity. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

**Contact Hours:** Wake AHEC will provide up to 6.0 Contact Hours to participants.

### Registration Fee

- Early Fee - \$75.00; after September 8, 2023 - \$90.00.
- Vouchers will be accepted.
- Fee will include online handouts/online certificate of completion.
- Continental Breakfast and lunch will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.

**Cancellations and Refunds** Registrants cancelling between September 8th and September 19, 2023 will incur a 30% cancellation fee (\$25 minimum). No refunds or credits will be given for cancellations received after September 19, 2023.

### ADA Statement

Visit [www.wakeahec.org](http://www.wakeahec.org) for the WAKE AHEC ADA Statement.

### Photo Policy

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## Planning Committee

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PERSON-CENTERED

# PAIN MANAGEMENT

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Questions? Contact Brynne Spence at  
919-350-0462 or [bspence@wakeahec.org](mailto:bspence@wakeahec.org).



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