



DEMENTIA CARES

THE AGING BRAIN AND DIAGNOSING DEMENTIA WEBINAR

SELECT ONE 2026 DATE

MONDAY, APRIL 13 • TUESDAY, APRIL 21 • FRIDAY, APRIL 24

REGISTRATION 11:20 am **PROGRAM** 11:30 am – 1:00 pm

The webinar will equip primary care providers with practical strategies for recognizing and addressing cognitive changes in older adults. Participants will gain insights into normal cognitive aging, learn evidence-based approaches to reduce risk factors for mild cognitive impairment, and develop skills to create a differential diagnosis and workup for dementia in a primary care setting. Through interactive sessions, attendees will practice communicating cognitive changes effectively and delivering a dementia diagnosis to patients and their caregivers.

Target Audience

Physicians, Physician Assistants, Nurse Practitioners, Registered Nurses, and other interested healthcare professionals



[CLICK HERE TO REGISTER](#)

WEBINAR AGENDA

- 11:20 am **Zoom Check In**
- 11:30 **Welcome and Program Overview**
- 11:45 **The Aging Brain**
- 12:15 **Diagnosing Dementia**
- 12:45 **Q&A, Closing Remarks**
- 1:00 pm **Adjourn**

WAKE AHEC

PART OF NC AHEC



This project was supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under Grant #: 1D31HP08833, Carolina Geriatric Education Center. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Differentiate normal aging cognitive changes from mild cognitive changes.
- Identify risk factors for dementia.
- Develop strategies for discussing dementia risk factor reduction with patients.
- Explain mild cognitive impairment to patients and caregivers.
- Develop a differential diagnosis for a primary care patient with cognitive changes.
- Identify screening tests for cognitive impairment that can be used in clinic.
- Develop a workup for suspected dementia.
- Counsel patients and caregivers about a new diagnosis of dementia or suspected dementia.

Speakers

Maureen Dale, MD, Course Director

Vice Chief of Faculty Development and Education

Director for Education and Clinical Care, Geriatric Fellowship Program
Clinical Associate Professor of Medicine
Division of Geriatric Medicine
UNC School of Medicine

Addison Niles, MD

Geriatric Fellow
Division of Geriatric Medicine
UNC School of Medicine

Emmy Yang, MD

Geriatric Fellow
Division of Geriatric Medicine
UNC School of Medicine

Planning Committee

UNC CHAPEL HILL SCHOOL OF MEDICINE

Maureen Dale, MD

Addison Niles, MD

Ellen Roberts, PhD

Emmy Yang, MD

WAKE AHEC

Toni Chatman, MHA

Erica Futrell, MSL

Ellie Hunt, DNP, RN, ACHIP™, CNE, NI-BC

Sharri Oxendine, MBA

Credit

The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

Nursing: 1.5 Nursing Contact Hours

Wake AHEC is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Wake AHEC CEU: Wake AHEC will provide .2 CEU to participants upon completion of this activity.

A participant must attend 100% of the program to receive credit.

Partial credit will not be awarded.

Contact Hours: Wake AHEC will provide up to 1.5 Contact Hours to participants.

Registration Fee

- **Fee \$0** There is no registration due to support from the Geriatric Workforce Enhancement Program grant. Substitutes are encouraged.
- Registration will include online handouts, certificate of completion and evaluation.
- Call 919.350.8547 for Inclement Weather Updates.
- *Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.*

ADA Statement

Wake AHEC is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristic protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act (ADA), in order to participate in programs or services, please call us at 919-350-8547. Organizing such resources generally takes 3-4 weeks, so please give us as much notice as possible to make appropriate arrangements.

Questions? Contact Sharri Oxendine at 919.350.0461 or soxendine@wakeahec.org

 [CLICK HERE TO REGISTER](#)