



29TH ANNUAL THOMAS B. DAMERON JR.
ORTHOPAEDIC CONFERENCE

EMERGING TRENDS IN ORTHOPAEDICS

A look at current treatment options
for musculoskeletal care

SATURDAY, OCTOBER 14, 2023 • 8:00 am – 12:00 pm

The McKimmon Conference and Training Center
1101 Gorman Street, Raleigh, NC 27606

REGISTRATION: 7:30 am • **PROGRAM:** 8:00 am – 12:00 pm

The purpose of the 29th Annual Dameron Lectureship in Orthopaedics is to assist primary care providers in managing common afflictions of the musculoskeletal system.

Join us as we focus on core competence-based sessions that will be immediately useful to primary care providers and facilitate more efficient assessments of patients for better outcomes. Attendees will have an opportunity to learn from interactive demonstrations on musculoskeletal examination techniques.

Target Audience

Physicians and Advanced Practice Providers in Family and Internal Medicine, Registered Nurses and Physical Therapists

JOINT PROVIDERSHIP

WAKE AHEC
PART OF NC AHEC

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TRAIN
RETAIN

and

Thomas B. Dameron, Jr.
Foundation for
Orthopaedic Education

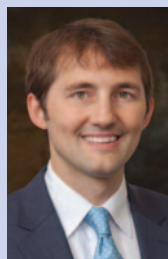


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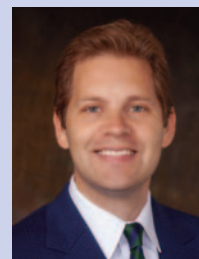
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THOMAS B. DAMERON JR.
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Speakers



Course Director
Edward Jernigan, MD
Raleigh Orthopaedic Clinic



Scott Eskildsen, MD
Raleigh Orthopaedic Clinic



Justin Ray, MD
Raleigh Orthopaedic Clinic



Evan James, MD
Raleigh Orthopaedic Clinic



Bradley Saitta, MD
Raleigh Orthopaedic Clinic



Bill Cortright, PT
Raleigh Orthopaedic Clinic

Learning Objectives

At the conclusion of this competency-based activity, the participant should be able to:

- Discuss the decision-making process when determining operative and non-operative treatment in hip and knee arthritis.
- Discuss conservative treatment modalities for common upper extremity disorders and when to consider surgical referral.
- Distinguish common foot and ankle conditions and their treatments.
- Demonstrate physical exam techniques for musculoskeletal conditions.
- Discuss the common causes and treatment of shoulder pain.
- Discuss the symptoms of pain and its origin (hip, back, neck or shoulder) and when to image or refer to an orthopedic specialist.
- Recognize the important components of a physical therapy evaluation.

Planning Committee

Raleigh Orthopaedic Clinic

Scott Eskildsen, MD
Edward Jernigan, MD
Greg Saxton, PT, CSCS
Tina Doody, MAT

WakeMed

Denise Pennell, RN

Internal Medicine of Wakefield, PA

Lavinia Reyes, MD

Wake Area Health Education Center

Sandie M. Coleman, MAEd



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Agenda

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| 7:30 am | Registration and Continental Breakfast |
| 8:00 | Welcome and Opening Comments Edward Jernigan, MD |
| 8:15 | Upper Extremity Disorders and Non-operative Management Edward Jernigan, MD |
| 8:40 | Trends in Hospital Based Orthopedics Scott Eskildsen, MD |
| 9:05 | Cervical Myelopathy: Presentation, Diagnosis and Motion Preserving Options Bradley Saitta, MD |
| 9:30 | Q & A Entire Faculty |
| 9:45 | Break |
| 10:00 | Common Foot and Ankle Injuries: Diagnosis and Treatment Justin Ray, MD |
| 10:25 | Evaluation of Shoulder Pain Evan James, MD |
| 10:50 | Latest Treatment Techniques in Physical Therapy Bill Cortright, PT |
| 11:15 | Physical Exam Breakout Entire Faculty |
| 11:40 | Q & A Entire Faculty |
| 12:00 pm | Adjourn |

Credit

CME Credit: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 3.5 AMA *PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Wake Area Health Education Center and Thomas B. Dameron, Jr. Foundation for Orthopaedic Education. The Wake Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

ANCC and the North Carolina Board of Nursing accepts AMA *PRA Category I Credits™* from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 3.5 hours.

Wake AHEC CEU: Wake AHEC will provide 0.4 CEU to participants upon completion of this program activity.

A participant must attend 100% of the activity to receive credit. Partial credit will not be awarded.

Contact Hours: Wake AHEC will provide up to 3.5 contact hours to participants upon completion of this program activity.

Registration Fee

- **Early Fee** – \$65; after September 27, 2023 \$80. Vouchers will be accepted.
- Fee will include online handouts/online certificate of completion.
- Continental Breakfast will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.

Cancellations and Refunds Registrants cancelling between September 27, 2023 and October 11, 2023 will incur a \$35 cancellation fee. No refunds or credits will be given for cancellations received after October 11, 2023.

Photo Policy Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

ADA Statement

Visit www.wakeahec.org for our ADA Statement.

Questions? Contact Lue McKnight at 919-350-0469 or lmcknight@wakeahec.org.