# **BROADENING OUR REACH**

# Expanding our community of practice

# TUESDAY, APRIL 30, 2024

Registration: 8:30 am
Program: 9:00 am – 3:15 pm
Durham Convention Center
301 W. Morgan Street
Durham, NC 27701

This gathering brings together a diverse array of stakeholders - healthcare professionals, policymakers, researchers, advocates, parents, and community leaders - all committed to addressing the disparities in maternal and infant health outcomes within the Black community. Through a dynamic exchange of ideas, lessons learned, and best practices, we strive to expand our collective knowledge and expertise, fostering a more inclusive, responsive, and effective approach to care. From cross-disciplinary collaborations to grassroots initiatives, this conference highlights the importance of a collective commitment to prioritizing the voices, perspectives, and needs of Black Birthing Persons. Join us as we strengthen bonds, forge new partnerships, and chart a course towards equitable health outcomes in our communities and beyond.

## **Target Audience**

Community Members at Large, Researchers, Health and Medical Students, Midwives, Doulas, Doctors, Nurses, Social Workers, Non-profits, Parents and Families, Policy-facing: Legislators, Representatives

### **Learning Objectives**

At the conclusion of these educational activities, the participant should be able to:

- Explore the impacts of public health policy and practices on Black maternal and infant health in North Carolina.
- Engage with colleagues to identify and define key components of successful and effective collaborative endeavors aimed at promoting the safety and autonomy of Black birthing persons within the Reproductive Justice movement.
- Identity and network with community organizations working in the maternal health space in North Carolina, highlighting the importance of crossjurisdictional and multidisciplinary approaches to addressing public health issues.
- Develop concrete next steps for generating synergy, with equitable decision-making and sharing of power, across disciplines, organizations, and communities with the purpose of collaboration towards improving overall health outcomes and decreasing pregnancy complications for all birthing people.

### Credit

#### **Contact Hours**

Wake AHEC will provide up to 4.5 Contact Hours to participants.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.



IN COLLABORATION WITH











## **Agenda**

8:00 am **Breakfast** 

9:00 am Welcome and Logistics

9:15 am **Plenary Session** 

Protecting Black Birthing Persons Amidst Challenges to Equity and Reproductive

Rights

10:30 am **Breakout Sessions (2)** 

Wins and Challenges on the Ground: Lessons Learned through Collaboration and

Practice in North Carolina

Generating Synergy Across Jurisdictions

and Beyond

12:00 pm **Lunch** 

1:00 pm **Plenary Session** 

Parents and Families: Highlighting Lived

Experience as Expertise

1:45 pm Afternoon Break2:00 pm Working Session

Moving Beyond Silos: Leaning into Multidisciplinary Approaches and

**Perspectives** 

2:45 pm Closing

#### **Conference Sessions**

MORNING PLENARY SESSION

# Protecting Black Birthing Persons Amidst Challenges to Equity and Reproductive Rights

As our landscape continues to shift, the reality of what it means to be engaged in the Reproductive Justice movement shifts in response. Join us as we explore the downstream implications of recent policy decisions and better understand what it means to advocate for the safety and choice of Black birthing persons in our current context.

#### **BREAKOUT SESSIONS (2)**

# Wins and Challenges on the Ground: Lessons Learned through Collaboration and Practice in North Carolina

Learning is an iterative process, characterized by continuous refinement and adaptation based on new insights and experiences. Join us for an insightful session where we delve into the experiences, victories, and obstacles encountered through collaborative efforts at the local level. Through reflection and discussion, we'll explore lessons learned from community-driven initiatives as a way to support and inform existing and future efforts.

#### **Generating Synergy Across Jurisdictions and Beyond**

Recognizing the critical importance of coordination across all levels of governance, we emphasize the power of unified efforts in driving comprehensive and responsive solutions. Hear from our local, state, and federal partners as they detail their efforts towards creating a more connected and impactful network for collective action.

#### AFTERNOON PLENARY SESSION

# Parents and Families: Highlighting Lived Experience as Expertise

The practice of centering voices requires that we uplift the lived experiences of the people most impacted by the issues and inequities we are aiming to address. This session aims to humanize our work through the centering of parents and families, recognizing them as invaluable, sources of expertise and insight. Our charge is to ensure that this expertise guides our direction, objectives, and approaches.

#### **WORKING SESSION**

### Moving Beyond Silos: Leaning into Multidisciplinary Approaches and Perspectives

In this interactive working session, attendees will get an opportunity to outline tangible steps towards cultivating partnerships across disciplines and perspectives. Attendees will work together to identify areas of service, population, and geographic overlap and continue the process of uncovering mutual shared interests, resources, and mutual goals.

### Registration

- Registration Fee \$0.
- Online handouts and online certificate of completion.
- · Lunch will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.
- Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

#### **ADA Statement**

Wake AHEC is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristic protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act (ADA), in order to participate in programs or services, please call us at 919–350–8547. Organizing such resources generally takes 3–4 weeks, so please give us as much notice as possible to make appropriate arrangements.

**Questions?** Contact Kimberly Spencer at kispencer@wakeahec.org.

