

BRIDGING THE GAP



Empowering Primary Care Providers in **DEMENTIA** Diagnosing, Care Continuity, and Resource Integration

SATURDAY
FEB 7, 2026

The William F. Andrews Conference Center
3024 New Bern Avenue
Raleigh 27610

**Registration &
Light Breakfast: 8:00 am**

Program: 8:30 am – 3:15 pm

This educational activity will review the changing landscape of brain health recommendations for dementia prevention across the lifespan. Those in attendance will be provided new tools in diagnosing patients with dementia and navigating the long wait times for referrals.

Target Audience

Physicians, Physician Assistants, Nurse Practitioners, Nurses and other interested health and human service professionals who are interested in brain health

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Describe the current approach for identifying individuals at increased risk for dementia, including genetic and biomarker assessments.
- Identify modifiable risk factors for cognitive decline in patients.
- Describe options for performing annual health assessments during wellness visits.
- Discuss cognitive health recommendations and resources (e.g. referrals to address sensory health or sleep disorders).

Registration Fee

- \$75 registration fee will include conference attendance, light breakfast, lunch, access to online handouts, online evaluation, and credit certificate.
- *Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.*
- Call 919-350-8547 for our Inclement Weather Updates.

Cancellations and Refunds

Registrants cancelling between two weeks and five full business days prior to the first day of the event are refunded at 70% of the registration fee (minimum \$25 cancellation fee). No refunds or credits will be given for cancellations received after five full business days prior to the program. Substitutions are encouraged.

Questions?

Contact Kimberly Spencer at 919-350-0480 or kispencer@wakeahec.org.



CLICK TO REGISTER



This project was supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under Grant #: 1 D31HP08833, Carolina Geriatric Education

Center. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government

WAKE AHEC
PART OF NC AHEC

DUKE AHEC
PART OF NC AHEC

Agenda

All presentations will be held in Rooms 1&2.

8:00 am	Registration, Light Breakfast and Resource Networking
8:30	Welcome & Program Overview Toni Chatman, MHA, Larry Greenblatt, MD and Gwenn Garden, MD, PhD
8:45	Apolipoprotein E (APOE) Testing Hailey Segall, MS, CGC
9:15	Other Biomarker Testing Gwenn Garden, MD, PhD and Andy Liu, MD, MS
9:45	Break and Resource Table Networking
10:00	Medicare Best Practices for Annual Cognitive Assessment Jan Busby Whitehead, MD, AGSF, FACP
11:00	Clinical Assessment of Cognitive Health Heidi Roth, MD, MA
12:00 pm	Lunch (provided) and Resource Table Networking
1:00	Cardiovascular Factors Priya Palta, PhD, MHS and Andy Liu, MD, MS
2:00	Panel: All Faculty Moderator: TBD
3:00	Q&A and Closing Remarks Gwenn Garden, MD, PhD and Toni Chatman, MHA
3:15 pm	Adjourn

Course Credit

CME: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

5.5 Nursing Contact Hours

Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Wake AHEC CEU: Wake AHEC will provide .6 CEU to participants upon completion of this activity.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Contact Hours: Wake AHEC will provide up to 5.5 Contact Hours to participants.

ADA Statement

Visit wakeahec.org for our ADA Statement.



CLICK HERE TO REGISTER

Speakers

Jan Busby-Whitehead, MD, AGSF, FACP

M. Andrew Greganti Distinguished Professor
Director, Center of Aging and Health
UNC Chapel Hill

Gwenn Garden, MD, PhD

H. Houston Merritt Distinguished Professor and Chair
Department of Neurology
UNC Chapel Hill

Larry Greenblatt, MD

State Health Director and Chief Medical Officer
NC Department of Health and Human Services

Andy Liu, MD, MS

Neurologist
Department of Neurology
Duke University

Priya Palta, PhD, MHS

Epidemiologist
Department of Neurology
UNC Chapel Hill

Heidi Roth, MD, MA

Neurologist
Department of Neurology
UNC Chapel Hill

Hailey Segall, MS, CGC

Assistant Professor & Certified Genetic Counselor
Department of Neurology
UNC Chapel Hill

Planning Committee

Gwenn Garden, MD, PhD, Course Director

H. Houston Merritt Distinguished Professor and Chair
Department of Neurology
UNC Chapel Hill

Heather Carter, DCM, MA, CDP, CSGF

Dementia Services Coordinator
Division of Aging, Service Operations
NC Department of Health and Human Services

Toni Chatman, MHA

Associate Director, Oral & Allied Health
Wake AHEC

Erica Futrell, MSL

Associate Director, CME & Pharmacy
Wake AHEC

Ellie Hunt, DNP, RN, ACHIP™, CNE, NI-BC

Associate Director, Nursing
Wake AHEC

Shari Isenberg-Cohen, NP

Geriatric Nurse Practitioner
Durham, NC

Kimberly Spencer, CDA, MBA

Project Coordinator, Oral & Allied Health
Wake AHEC