

Engaging Clients and Facilitating Behavioral Change: An Introduction to Motivational Interviewing

This workshop is designed for practitioners either new to MI or wanting a full refresher to the concepts and an opportunity for supervised practice of skills. Participants will be introduced to this evidence-based approach through an interactive, fast-paced workshop focusing on knowledge-building and fundamental skill practice.

Location

William F Andrews Conference Center
3024 New Bern Avenue
Raleigh, NC 27610

Directions and parking information will be emailed with your confirmation letter.

Target Audience

Physicians, Advanced Practice Providers, Nurses, Licensed Clinical Mental Health Counselors, Licensed Clinical Social Workers, Psychologists, and other HCPs within the WakeMed hospital system.

Objectives

At the conclusion of this competency-based educational activity, participants should be able to:

- Describe the *Spirit of MI*.
- Identify MI as a counseling style.
- Discuss the Traps & Tips around client discord/resistance.
- Observe and practice basic *OARS* skills.

Speaker

Michael McGuire, LCSW, LMFT, LCAS, CCS, Member of MINT
Clinical Associate Professor
Director, Substance Use and Addiction Specialty
University of North Carolina at Chapel Hill
School of Social Work

Credit

CME: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Wake AHEC is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

Category A NC Psychology Credit: This program will provide 6.5 contact hours (Category A) of continuing education for North Carolina Psychologists. **Partial credit will not be awarded.**

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Wake AHEC will provide up to 6.5 Contact Hours to participants.

Registration Fee

- No registration Fee. Thanks to WakeMed Foundation
- Limited registration capacity.
- Registration includes online handouts and an online certificate of completion.

REGISTER ONLINE TODAY!

<https://www.wakeahec.org/courses-and-events/71125/>

Questions? Contact Julia Jenkins at
juljenkins@wakeahec.org or 919-350-0455.