

Webinar (Live): Let's Get Creative: 25 Brief, Interactive Strategies to Engage Children & Adolescents in Therapeutic Settings



Wednesday, January 26, 2022

Zoom Sign-In: 12:45pm Program: 1:00pm – 3:00pm

Live Webinar

Event #66998km

Program Description: Research has demonstrated that one of the most important aspects of effective therapeutic work is engaging a client and building positive rapport and trust in the relationship. In establishing and maintaining a positive relationship with children and adolescents, clinicians must find creative and innovative ways to make therapeutic work engaging and interactive. It is through this interactivity that children and adolescents are often most comfortable in expressing their thoughts and feelings in a way that feels natural and affirming for them.

This presentation will explore 25 brief strategies and techniques that can be used in a variety of therapeutic settings to engage children and adolescents and address some common sources of anxiety, stress, and emotional dysregulation. The presentation will be interactive, and participants will be encouraged to engage in the activities and consider how these may be translated to their practice settings. The goal is to broaden the therapeutic toolbox for practitioners and encourage thought and discussion on strategies that may be engaging and effective in supporting child and adolescent well-being.

Location

Live Webinar

Target Audience

This workshop will benefit mental health practitioners, educators, human service professionals, and community advocates interested in this topic.

Objectives

At the conclusion of this educational activity, participants should be able to:

- Explore an overall framework for using interactive techniques with children and adolescents in therapeutic settings.
- Describe ten interactive strategies to aid in engagement and assessment work with children and adolescents.
- Explain fifteen interactive activities to target anxiety and emotional dysregulation in children and adolescents.
- Review multiple resources for clinicians to use in practice with children and adolescents in therapeutic settings.

Speaker

Amy Levine, MSW, LCSW

Clinical Assistant Professor

UNC-Chapel Hill School of Social Work

This presenter is being supported through the partnership between UNC-Chapel Hill School of Social Work and the NC AHEC Program.

REGISTER ONLINE TODAY!

WWW.WAKEAHEC.ORG

Questions? Contact Kristen Murphy at krmurpy@wakeahec.org.

Credit



National Board Certified Counselors Credit (NBCC):

Wake AHEC is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (Provider #6477) 2.0 hours

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National Association of Social Workers (NASW):

NC AHEC is an approved provider of distance CE by the National Association of Social Workers – North Carolina Chapter (NASW-NC). This program has been approved for 2.0 contact hours.

Category A NC Psychology Credit: This program will provide 2.0 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

Wake AHEC will provide 0.2 CEU to participants upon completion of this activity.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Wake AHEC will provide up to 2.0 Contact Hours to participants.

Registration Fee

- Registration Fee - \$25. Vouchers will be accepted.
- Fee will include handouts and certificate of completion.
- Break will be provided.
- Visit www.wakeahec.org for our ADA Statement.

Cancellations and Refunds

No cancellations or refunds. Substitution is encouraged.