



Diabetes Management and Foot Care Conference

Saturday, March 16, 2019

The William F. Andrews Conference Center

WakeMed Raleigh Campus

3024 New Bern Avenue, Raleigh, NC

Registration: 7:45-8:30am

Program: 8:30am-3:00pm

The Diabetes Management and Foot Care Conference will provide an update on new insights related to caring for patients with diabetes. The content will include current and new medications and technological tools, best practices in foot assessment and ulcer treatment, proper nutrition and overcoming obstacles to self-management.

Target Audience

Physicians, Physician Assistants, Clinical Nurse Specialists, Nurse Practitioners, Wound Ostomy Nurses, Pharmacists, Diabetes Educators, Physical Therapists and School Nurses

Learning Objectives

At the conclusion of this competency-based educational activity, the participant should be able to:

- Review the pathophysiology of diabetes.
- Discuss new and traditional diabetes medication management strategies including continuous glucose monitoring and insulin pump therapy.
- Illustrate effective foot assessment protocol.
- Identify strategies to help patients improve self-management behaviors.
- Apply evidence-based preventative modalities for neuropathic ulcers and medical/surgical specialty treatments related to wound complications.
- Describe the challenges and successes in transitioning pediatric patients to adult diabetes care management.
- Recognize myths of the "diabetic diet" while identifying appropriate dietary habits.

Agenda

7:45am	Registration, Breakfast, Visit Exhibitors	
8:30	Welcome and Introductions	<i>Michael Soboeiro</i>
8:40	Basic Pathophysiology of Type 2 Diabetes*	<i>Thomas O'Connell</i>
9:30	Guideline Based Medication Management*	<i>Michael Soboeiro</i>
10:20	Break	
10:30	Diabetic Foot Assessment and Prevention Modalities for Neuropathic Ulcers	<i>Brian Futrell</i>
11:20	Lunch, Visit Exhibitors	
12:00pm	BREAKOUT #1	
	<ul style="list-style-type: none"> • Treatment Modalities for Neuropathic Foot Ulcers <i>Stephanie Yates</i> • CGM and Insulin Pumps: Patient and Practitioner Use* <i>Michael Soboeiro & Bill Lagarde</i> 	
12:50	Break	
1:00	BREAKOUT #2	
	<ul style="list-style-type: none"> • Helping Patients Overcome Obstacles to Self-Management <i>Rosamond O'Hara & Shari Best</i> • Myths about Diabetic Diets and Nutrition <i>Parul Kharod</i> • Transitioning the Type 2 from Pediatric to Adult <i>Hillary Lockemer</i> 	
1:50	Break	
2:00	PANEL SESSION	
	Which Specialist is Right for Your Foot Ulcer Gone Wrong?	
	<i>Moderator: Melanie Johnson</i>	
	<i>Panelists: Sukanto Biswas, Brian Futrell, Tyler Gonzalez, Siddhathar Rao</i>	
2:50-3pm	Closing Remarks	<i>Michael Soboeiro</i>

**Pharmacotherapeutic credit*

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**TO REGISTER, VISIT
WWW.WAKEAHEC.ORG**





Diabetes Management and Foot Care Conference

Speakers

Brian Futrell, DPM, FAC, FAS, DAB, CWS

Piedmont Foot and Ankle Clinic

Thomas L. O'Connell, MD

Durham Internal Medicine Associates

Stephanie Yates, MSN, RN, ANP-BC, CWOCN

Duke Cancer Center

WakeMed Health & Hospitals

Shari Best, BSN, RN, CDE

Sukanto Biswas, MD

Tyler Gonzalez, MD, MBA

Parul Kharod, MS, RD, LDN

William H. Lagarde, MD, FAAP

Hillary Lockemer, MD, FAAP

Rosamond O'Hara, BSN, RN, CDE

Siddhathar Rao, MD, RPVI

Michael Soboeiro, MD

Planning Committee

Michael Soboeiro, MD – Course Director

Janice Lockridge Brown, MSN, APRN, AGCNS-BC, CDE

Melanie Johnson, BSN, RN, CWOCN

Debbi Hillman, MSED, RHEd

Marie Waddles, PharmD

Diane Yelverton, MS, RNC

Credit

CME: Wake AHEC designates this live activity for a maximum of 5.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Wake AHEC is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

CNE: 5.0 nursing contact hours. Wake AHEC Nursing Education is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacotherapeutic credit: 2.5 hours for nurse practitioners and clinical nurse specialists. See agenda for approved sessions.

Pharmacy: ACPE# 0046-9999-19-026-L01-P/T – 5.0 contact hours

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Upon fulfillment of the participation requirements, verification of credit will be maintained with the UNC Eshelman School of Pharmacy and a record of successful completion of this activity will be submitted to ACPE/NABP's CPE Monitor.

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 5.0 hours.

CEU: Wake AHEC will provide 0.5 CEU to participants upon completion of this activity. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Contact Hours: Wake AHEC will provide up to 5.0 Contact Hours to participants.

Other health professionals will receive Wake AHEC CEUs and a certificate of attendance from an *AMA PRA Category 1 Credit™* activity. These certificates are accepted by the NC Boards for physician assistants, nurse practitioners, nurses and educators. License requirements are subject to change. Wake AHEC recommends that participants contact their licensing boards for specific questions.

Wake AHEC is part of the North Carolina AHEC Program.

Registration Fee

- **Early Fee** - \$60; after March 7, 2019 - \$85. Vouchers will be accepted. Thanks to the WakeMed Foundation for their grant support to subsidize registration fees.
- Fee will include online handouts and certificate of completion.
- Breakfast, breaks and lunch will be provided.
- **For employer payment, please use the link below to access a paper registration form: <https://www.wakeahec.org/cehome.htm>.**
- To assure quality programming and safety for all participants, babies and children may not attend this program.

Cancellations and Refunds

No refunds will be issued unless we are notified by 5pm, on Tuesday, March 12, 2019. A \$25 cancellation fee will be deducted from your registration fee if a refund is issued. Substitutes are encouraged.

Inclement Weather Updates/ADA Statement

Call 919-350-8547 or visit www.wakeahec.org.

Questions? Contact Lue McKnight at 919-350-0469 or lmcknight@wakeahec.org.

TO REGISTER, VISIT WWW.WAKEAHEC.ORG

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