



NEW ISSUES FOR A NEW AGE:

Wake AHEC Substance Use Treatment Conference

Friday, September 14, 2018

**William F. Andrews Conference Center
3024 New Bern Avenue, Raleigh, NC 27610**

Registration: 7:30 am – 8:30 am

Program: 8:30 am – 4:15 pm

This conference will explore substance use trends and current issues in North Carolina, and specific evidence-based treatments and considerations. Morning sessions will assist professionals in learning how to operate successfully in a managed care world, and address changes with integrated healthcare and Medicaid reform. Participants will hear about new programs in the substance use field. Afternoon sessions will focus more on substance use among specific populations, and review interventions for working with these groups. Professionals will learn skills to enhance their practice and stay up to date on substance use treatment in the modern world.

Target Audience

Substance use professionals including counselors, licensed professional counselors, social workers, psychologists, case managers or others interested in the topic

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Explain how to successfully navigate and be successful in managed care settings.
- Discuss how Medicaid reform may influence practice.
- Describe trends in substance use disorders and treatments.
- Discuss evidenced-based treatment options for special populations.

Credit



National Board Certified Counselors Credit (NBCC):

Wake AHEC is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet

NBCC requirements. The ACEP solely is responsible for all aspects of the program. (Provider #6477)

NCSAPPB: Application has been made to the North Carolina Substance Abuse Professional Practice Board for 6.0 hours of General Skill Building credit.

Category A NC Psychology Credit: This program will provide 6.0 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

Wake AHEC CEU(s): Wake AHEC will provide 0.6 CEU to participants upon completion of this activity.

A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Contact Hours: Wake AHEC will provide up to 6.0 Contact Hours to participants.

Wake AHEC is part of the North Carolina AHEC Program.

Registration Fee

- Early Registration Fee: \$85; After August 31, 2018: \$105
- ***To assure quality programming and safety for all participants, babies and children may not attend this program.***
- Fee will include credit and certificate of completion
- Lunch will be provided.
- Visit www.wakeahec.org for our inclement weather and ADA statement.
- Directions and parking information will be emailed with your confirmation letter.

Cancellations

No refunds will be issued unless we are notified by 5pm, on Tuesday, September 11, 2018. A \$30 cancellation fee will be deducted from your registration fee if a refund is issued. Substitutes are encouraged.

ADA Statement

Wake AHEC is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristic protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this program, please call us at 919-350-0464 no later than ten business days before the program.

Questions

Contact Kristen Murphy at 919-350-0464 or krmurphy@wakeahec.org.

WAKEAHEC
BETTER HEALTHCARE THROUGH EDUCATION

Register online! www.wakeahec.org

Agenda

- 8:45-9:30 am** **Keynote: Medicaid and Behavioral Health in North Carolina**
Kody Kinsley, MS
Interim Senior Director, North Carolina Department of Health and Human Services
This session will provide an explanation of the changing Medicaid and Behavioral Health landscape in North Carolina. It will cover the impact of these changes on North Carolina's work to treat and support those with substance use disorder and will give attendees an update on the progress of North Carolina's fight against the opioid epidemic.
- 9:30-10:15 am** **Responding to North Carolina's Addiction Epidemic: It is Our Problem**
Donald McDonald, MSW, LCAS
Executive Director, Addiction Professionals of North Carolina
We have five decades of research proving that addiction is a chronic brain disorder, not a moral failing, yet, nationally, we have been responding to it with the acute care model of addiction treatment and incarceration. This session will provide education on the pathology and chronic nature of substance use disorder and its prevalence and mortality rates in North Carolina. We will discuss some positive steps we have made in the last couple years and where our focus should be moving forward. Finally, we will discuss strategies to embrace a recovery orientation and improve the culture in our workplaces to promote help seeking and the provision of excellent care.
- 10:30-11:15 am** **MORNING SESSION 1**
Using Peers to Engage Individuals Following Non-Fatal Opioid Overdoses
Justin Garrity, CPSS
Recovery Engagement Coordinator, Healing Transitions
The Rapid Response Pilot System sends two Certified Peer Support Specialists with Wake County EMS Advanced Practice Paramedics to build relationships and link overdose survivors to needed services. Healing Transitions has teamed up with Wake County EMS and the Injury and Drug Prevention branch of Wake County's Department of Health and Human Services to pilot a program that follows-up with survivors of an opioid overdoses within 24-hours of the overdose event. We will discuss the program's origins, the processes used and what is effective when conducting community outreach within this vulnerable population.
- 11:15-12:00 pm** **MORNING SESSION 2**
The Role of the Peer Support Specialist in Substance Use Disorder Treatment
Gerald A. Fishman, PhD, CPH, QP
Regional Director, Recovery Innovations International
Increased funding in North Carolina for Peer Support services reflects the evidence demonstrating improved outcomes for initiating and maintaining the recovery in people who have struggled with substance use disorder. This presentation will provide a brief history of Peer Support, discuss the role and principles of Peer Support Specialist (PSS) practice, and highlight recent trends in PSS training in NC.
- 1:00-2:30 pm** **BREAKOUT SESSION 1A**
What Are We Looking For? (part 1 of 2)
Ellen Pallme, MSW, LCSW, LCAS, CCS
Licensed Clinical Social Worker and Addictions Specialist
This session will explore signs and symptoms of trauma, how to screen, and some guidelines for treating trauma. We will consider both developmental trauma and post-traumatic stress disorder and evidenced based treatment approaches.
- 1:00-2:30 pm** **BREAKOUT SESSION 1B**
Women, Addiction, and Mental Health: The Vulnerable Population
Gerald A. Fishman, PhD, CPH, QP
Regional Director, Recovery Innovations International
R. Joy Brunson-Nsubuga MA, LMFT, LCAS, CCS
AAMFT Approved Supervisor
The need to consider treatment issues and characteristics of women as a select population in treatment has become

critical as both research and clinical practice have identified gender-specific risk factors, accelerated progression and comorbidities particular to women. This presentation will discuss biological, hormonal, psychological and social factors in women which increase their susceptibility to addiction and mental health disorders, and influence their response to treatment and probability of symptom relapse. Related prevention and intervention strategies to enhance women's benefits from treatment programs will be addressed.

1:00-2:30 pm

BREAKOUT SESSION 1C

Cannabis Use and Current Trends

Brandon Robinson, LCAS, LPC, CCS

Director of Addiction Services at Fellowship Health Resources, Inc

In the midst of an opioid crisis, cannabis use advocates have taken full advantage. This training offers up-to-date information regarding marijuana use and a different perspective of the once called "gateway drug."

2:45-4:15 pm

BREAKOUT SESSION 2A

Treatment Options for Substance Use Disorders and Trauma (part 2 of 2)

Ellen Pallme, MSW, LCSW, LCAS, CCS

Licensed Clinical Social Worker and Addictions Specialist

This session will explore various treatment options that address SUD and trauma concurrently. We will look at Seeking Safety and DBT, and explore the lenses they use to address the challenges presented when working with clients. We will look at interventions that support addressing both SUD and trauma that are congruent with these models.

2:45-4:15 pm

BREAKOUT SESSION 2B

Understanding Substance Use, Mental Illness and Involvement in the Criminal Justice System: Theory, Interventions and Opportunities

Tonya Van Deinse, PhD, MSW

Clinical Assistant Professor, UNC-CH School of Social Work

Lauren Brinkley-Rubinstein, PhD

Assistant Professor, Department of Social Medicine and Center for Health Equity Research, UNC-CH School of Medicine

Nearly 6.9 million adults in the United States are under correctional supervision in prison, jails or on probation and parole. Compared to the general population, those under correctional supervision have higher rates of mental illnesses and substance use disorders. In addition, justice-involved individuals with co-occurring disorders face higher rates of recidivism, infractions, and violations compared to those without substance use or mental illnesses. Both the behavioral health and criminal justice systems must find ways to address the complex needs of adults with co-occurring substance use and mental illness who are involved in the criminal justice system.

This session will address three key questions: 1) What is the relationship between substance use, mental illness, criminal behavior, and criminal justice involvement?; 2) Where can we intervene to move adults with co-occurring substance use and mental illness from the criminal justice system to the behavioral health system?; and 3) How can practitioners partner with the criminal justice system to address the needs of clients in order to keep them out of jails and prisons?

2:45-4:15 pm

BREAKOUT SESSION 2C

Substance Use in Pregnant and Post-Partum Women

R. Joy Brunson-Nsubuga MA, LMFT, LCAS, CCS

AAMFT Approved Supervisor

This presentation will review the historical and current data regarding substance use by pregnant and post-partum women with an emphasis on opioid use. Evidenced based treatment specific to this population will be discussed as well with an emphasis on resources in North Carolina.

The following presenters are being supported through the partnership between UNC-CH School of Social Work and the NCAHEC Program: Ellen Pallme, Brandon Robinson, Tonya VanDeinse, Lauren Brinkley-Rubinstein.

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All information requested on this form must be completed to be registered for the program. Incomplete forms cannot be processed.

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Dr. Rev. Mr. Ms. Mrs.

(REQUIRED)

First Name MI Last 4 digit PIN # (Four numbers you will remember)

Clinical Specialty Degree(s) (e.g., MD, PharmD, MS, BS)

Home Address City
()

State Zip Home County Home Phone

Employer Job Title

Work Address City
()

State Zip Work Fax Work Phone

Department Preferred E-mail (REQUIRED)

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

PAYMENT OPTIONS Payment of check, credit card or supervisor signature must accompany registration.

- Check enclosed. (Make check payable to Wake AHEC.)
 Corporate Card Personal Card | MasterCard Visa AMEX Discover

Card # Exp. Date

Authorized Signature Name as it appears on card

- Employer will make payment. Supervisor complete below and fax registration to 919-350-0470.

Supervisor's Name Printed Title

Supervisor's Signature Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.

Register Today!

Online: www.wakeahec.org

Fax: 919-350-0470

Mail: Wake AHEC
Attn: Kristen Murphy
3261 Atlantic Avenue Suite 212
Raleigh, NC 27604-1657

Questions? Contact Kristen Murphy at 919-350-0462 or krmurphy@wakeahec.org.