

# Adopting Best Practices in Substance Abuse Treatment: An Ongoing Teaching Case Conference Series



Third Wednesday of every month: August 2018- July 2019

Registration: 10:00am

Program: 10:30am – 12:00pm

William F. Andrews Center, Raleigh, NC

Event #54883km

**Program Description:** In this time of major systems change, addiction treatment professionals are challenged to treat increasingly complex alcohol and other drug use disorders with a greater emphasis on evidence-based outcomes and cost effectiveness. At the same time, there have been significant advances in the understanding of biological and environmental underpinnings of addictive disease. While a number of evidence-based behavioral and medication assisted practices have been developed to respond to the science, the gap between research and practice has been highlighted by the Institute of Medicine (1998). In an effort to bridge this gap, there is a growing effort within the field of addictions treatment to better integrate research with practice by implementing science based practices. These specific practices are described in NIDA's Principles of Drug Addiction Treatment: A Research Based Guide (2008), as well as in the findings from the Conference on Approaches For Combating the Troublesome Use of Substances (CACTUS) as published in Rethinking Substance Abuse by William R. Miller and Kathleen M. Carroll (2008). This series is focused on introducing participants to evidence-based treatment models included in the current National Registry of Evidence Based Programs Practices (SAMHSA). These Evidenced-Based Practices include Motivational Interviewing, Motivational Incentives, Seeking Safety, Cognitive Based Therapies and Mindfulness based interventions. Discussions will focus on ways that practitioners can apply these practices and evidence-based models to current clinical situations.

**Method:** This teaching case conference series uses a traditional case study and facilitated learning collaborative method for assisting participants identify, learn and apply best practices and evidence-based models within the context of actual cases. Participants will be expected to come prepared each session with cases that present special challenges as well as opportunities for learning. The goal of these conferences will be to identify appropriate best practices and ways specific evidence-based treatments can be used to incorporate the use of evidence-based treatments. This teaching case conference series is also intended to promote collaboration among treatment providers in an effort to facilitate cross referrals, and promote a regional recovery oriented system of care and integrated care approaches. The series will also serve as a vehicle for disseminating information about new research findings, as well as available professional development and community service resources. Finally, these sessions will be facilitated in a manner to promote collegial support, and enhance workforce morale and retention.

## Location

William F. Andrews Center  
3024 New Bern Avenue  
Raleigh, NC 27610

*Directions and parking information will be emailed with your confirmation letter.*

## Target Audience

Substance abuse professionals, licensed counselors, licensed clinical addiction specialists, marriage and family therapists, licensed clinical social workers or others interested in these topics

## Objectives

At the conclusion of this educational activity, participants should be able to:

1. Present cases that provide an opportunity for shared learning.
2. Discuss best practices and evidence-based treatments that can be applied in the real world.
3. Identify opportunities for further training in evidence-based practices.
4. Facilitate referrals and system of care development.
5. Review research based findings and perspectives.
6. Improve workforce morale and retention.

## Speaker

Paul Nagy, LPC, LCAS, CCS  
Assistant Professor

Duke University Department of Psychiatry and Behavioral Sciences

## Credit

Wake AHEC will provide 1.8 CEU to participants upon completion of this activity.

*A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.*

Wake AHEC will provide up to 18.0 Contact Hours to participants.

## Registration Fee

Early Fee - \$150; after August 1, 2018 - \$170. Vouchers will be accepted.

*Fee will include handouts and certificate of completion.*

*Morning refreshments will be provided.*

*To assure quality programming and safety for all participants, babies and children may not attend this program.*

Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA Statement and Inclement Weather Policy.

## Cancellations and Refunds

No refunds will be issued unless we are notified by 5pm, on Friday, August 10, 2018. A \$50 cancellation fee will be deducted from your registration fee if a refund is issued. Substitutes are encouraged.

**REGISTER ONLINE TODAY!**

**[WWW.WAKEAHEC.ORG](http://WWW.WAKEAHEC.ORG)**

Questions? Contact Kristen Murphy at [krmurphy@wakeahec.org](mailto:krmurphy@wakeahec.org) or 919-350-0464.

# Registration Form

(Please print.)

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August 2018- July 2019**

**Event #54883km**

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4-Digit PIN#:  **(REQUIRED)**  
(4 numbers you will remember)

Dr.  Mr.  Ms.  Mrs.

\_\_\_\_\_  
First Name MI Last

\_\_\_\_\_  
Clinical Specialty Degree(s) (e.g., MD, PharmD, MS, BS)

\_\_\_\_\_  
Home Address City

\_\_\_\_\_  
State Zip Home County Home Phone

\_\_\_\_\_  
Employer Job Title

\_\_\_\_\_  
Work Address City

\_\_\_\_\_  
State Zip Work Fax Work Phone

\_\_\_\_\_  
Department Preferred E-mail **(REQUIRED)**

*By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.*

**Payment Options** Payment of check, credit card or supervisor signature must accompany registration.

- Check enclosed. (Make check payable to Wake AHEC.)  
 Charge my:  Corporate Card  Personal Card  MasterCard  Visa  AMEX  Discover

\_\_\_\_\_  
Card # Exp. Date

\_\_\_\_\_  
Authorized Signature Name as it appears on card

- Employer will make payment. Supervisor completes below and fax registration to 919-350-0470.

\_\_\_\_\_  
Supervisor's Name (Printed) (Signature) Phone

**By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.**

WakeMed Employees Only: An Education, Meeting & Travel Request Form must be submitted with the registration for processing if your department is paying.

**Required for all WakeMed Employees if your department is paying**

**Register online today! [www.wakeahec.org](http://www.wakeahec.org)**

Fax: 919-350-0470

Mail: Wake AHEC, Attn: Kristen Murphy  
3261 Atlantic Avenue, Suite 212  
Raleigh, NC 27604-1657

Questions? Contact Kristen Murphy at [krmurphy@wakeahec.org](mailto:krmurphy@wakeahec.org) or 919-350-0464.