



NEW PERSPECTIVES IN PAIN MANAGEMENT

Safer and Smarter Evidence-Based Approaches

TUESDAY, OCTOBER 28, 2025

8:00 AM TO 3:30 PM

Check-In 7:30 am

William F. Andrews Conference Center

Located on the Campus of WakeMed

3024 New Bern Avenue, Raleigh, NC 27610



This opioid stewardship conference explores the evolving landscape of pain management. From the real-life impact of chronic pain and opioid use to cutting-edge Enhanced Recovery After Surgery (ERAS) strategies and integrated pain therapy, this conference brings together practical tools, evidence-based innovations, and interdisciplinary insight. Sessions will dive into critical issues like management of acute pain in patients with substance use disorders and the role of pain contracts in clinical care. Whether you are rethinking chronic pain or refining perioperative protocols, you will leave with actionable strategies to improve patient outcomes while minimizing risk.

Target Audience

Physicians, Physician Assistants, Advanced Practice Registered Nurses, Registered Nurses, Licensed Practical Nurses, Pharmacists, Social Workers, Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Occupational Therapy Assistants, and Psychologists

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Describe the impact of chronic pain on patients' daily lives.
- Discuss how shared communication between patients and healthcare professionals influence pain management.
- Explain the core principles of ERAS and their evidence-based benefits across surgical disciplines.
- Identify pharmacologic and non-pharmacologic options in pain management for patients with Substance Use Disorder.

IN COLLABORATION WITH THE UNIVERSITY OF NORTH CAROLINA
ESHelman SCHOOL OF PHARMACY

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Agenda

- 7:30 am **Check-in, Continental Breakfast, and Exhibitors**
- 8:00 am **Real-Life Lived Experience of Chronic Pain and Opioids**
Nick Barra
- 8:30 **Enhanced Recovery After Surgery (ERAS) across Surgical Specialties**
Alicia Warlick, MD, FASA & Gina McConnell, BSN, RN, CCRN
- 9:45 **Break and Exhibitors**
- 10:00 **Chronic Pain Care Reimagined**
David Lindsay, MD
- 11:15 **Opioid Equivalencies and Conversion Calculations**
Nora Talley, PharmD
- 12:00 pm **Lunch & Exhibitors**
- 1:00 **Relief without Regret: Integrated Pain Therapy**
Kevin E. Vorenkamp, MD, FASA
- 2:00 Break
- 2:15 **Treating Acute Pain in Patients with SUD**
Tana Royal, AGNP-C
- 3:15 **Q&A and Closing Remarks**
Alicia Warlick, MD, FASA
- 3:30 **Adjourn**

Registration Fee

- **Early Registration:** \$100, after Oct 14, 2025 - \$110
- Student Registration: \$50 (Must be actively enrolled in an Academic Program)
- Group Rate is available. Contact Brynne Spence at bspence@wakeahec.org
- Vouchers will be accepted.
- Fee will include online handouts/online certificate of completion.
- Continental Breakfast/lunch will be provided.
- To assure quality programming and safety for all participants, babies and children may not attend this program.
- Call 919-350-8547 for our Inclement Weather Updates.

Cancellations and Refunds Registrants cancelling between two weeks and five full business days prior to the first day of the event are refunded at 70% of the registration fee (minimum \$25 cancellation fee). No refunds or credits will be given for cancellations received after five full business days prior to the event.

Photo Policy

Attendance at this activity grants permission for Wake AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

ADA Statement

Visit wakeahec.org for the WAKE AHEC ADA Statement.

Questions? Contact Brynne Spence at 919-350-0462 or bspence@wakeahec.org.

Speakers

Nick Barra

SUD speaker
Cliffside Park, NJ

David R. Lindsay, MD

Assistant Consulting
Professor in the Department
of Anesthesiology, Duke
University
Anesthesiology, VA
Anesthesiology Service
Durham, NC

Gina McConnell, BSN, RN, CCRN

ERAS Coordinator
WakeMed Health & Hospitals
Raleigh, NC

Tana Royal, AGNP-C

Carolina Rehabilitation and
Surgical Associates
Office: WakeMed Raleigh
Campus
Raleigh, NC

Nora Talley, PharmD

Clinical Pharmacist, UNC
Hospitals Pain Management
Center
Chapel Hill, NC

Kevin E. Vorenkamp, MD, FASA

Chief, Division of Pain
Medicine
Assistant Director, Patient
Safety and Quality
Improvement
Associate Professor, Duke
Department of
Anesthesiology
Durham, NC

Alicia Lopez Warlick, MD, FASA

Director Perioperative Pain
Medicine, ERAS
ECAA, Raleigh
WakeMed Health & Hospitals
Raleigh, NC



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Credit

CME Credit: The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). Wake Area Health Education Center is accredited by the SSCC to provide continuing medical education for physicians.

6.0 Nursing Contact Hours

5.25 Pharmacotherapeutic Contact Hours

Wake Area Health Education Center (AHEC) Nursing Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacy: 6.0 contact hours

ACPE 0046-9999-25-223-L08-P



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Upon fulfillment of the participation requirements, verification of credit will be maintained with the UNC Eshelman School of Pharmacy and a record of successful completion of this activity will be submitted to ACPE/NABP's CPE Monitor.

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is approved for 5.5 hours.

Occupational Therapist/Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. 6.0 CCAs. Please select contact hours for your certificate.



Certified Counselors: Wake AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6477. Programs that do not qualify for NBCC credit are clearly identified.

Wake AHEC is solely responsible for all aspects of the programs.

Category A NC Psychology Credit: This program will provide 6.0 contact hours (Category A) of continuing education for North Carolina Psychologists. Partial credit will not be awarded.

Wake AHEC CEU: Wake AHEC will provide 0.6 CEU to participants upon completion of this activity.

Contact Hours: Wake AHEC will provide up to 6.0 Contact Hours to participants.

A participant must attend 90% of the program to receive credit. Partial credit will not be awarded.

Planning Committee

WAKEMED HEALTH AND HOSPITALS

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Alicia Lopez Warlick, MD, FASA
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