



EMPOWERING NURSE PRECEPTORSHIP CONFERENCE:

FOSTERING COMMUNICATION, CLINICAL
REASONING AND SELF-CARE IN PRACTICE

Tuesday, May 6, 2025
12:30 p.m. – 4:30 p.m.

Presented via Live Webinar

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NC AHEC

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RETAIN**

Description

From Novice to Expert: Excellence and Power in Nursing Practice author, legacy nurse educator and nurse theorist, Dr. Patricia Benner, will kick off the 2025 National Nurses Week with our fourth annual nurse preceptor live webinar hosted by the North Carolina Area Health Education Center (NC AHEC) network. This knowledge-based education activity will feature Benner's nursing theory, "Novice to Expert." This conceptual framework, which is foundational to modern nursing, influenced the nursing process of how nurses learn and apply clinical reasoning and judgement throughout their individual stages of practice development. To round out the conference, the speaker faculty will present strategies for applying this theory into everyday healthcare education practices, cultivating resilience in the clinical environment, and for providing conflict resolution and communication to better support preceptees and preceptor outcomes.

Target Audience

Clinical nurse preceptors and educators interested in advancing their preceptor skills and role development

Learning Objective

Participants will identify receiving new knowledge related to applying clinical reasoning, promoting resilience, and managing conflict that can be applied to their role as a preceptor in the clinical setting.

Faculty

Patricia Benner, R.N., Ph.D., FAAN, is a professor emerita at the University of California School of Nursing. She is a noted nursing educator and author of *From Novice to Expert: Excellence and Power in Nursing Practice*, which has been translated into twelve languages. She has directed over 50 doctoral dissertations. She pioneered the use of Interpretive Phenomenology in Nursing. She directed The Carnegie Foundation for the Advancement of Teaching National Nursing Education Study, *Educating Nurses: A Call for Radical Transformation* which was the first such study in forty years. Additionally, she collaborated with the Carnegie Preparation for the Professions studies of clergy, engineering, law, and medicine. Dr. Benner is designated as a Living Legend of the American Academy of Nursing. She was elected an honorary fellow of the Royal College of Nursing and Danish Society for Nurses. Her work has influence beyond nursing in the areas of clinical practice and clinical ethics. She has received five honorary doctorates. She is the first author of *Expertise in Nursing Practice: Caring, Ethics and Clinical Judgment* (2010) with Christine Tanner and Catherine Chesla, and she has coauthored twelve other notable books including a 2nd Edition of *Clinical Wisdom and Interventions in Acute and Critical Care: A Thinking-In-Action Approach*. She is Co-Founder of NovicetoExpert.org an online simulation program to teach clinical reasoning and judgment. She is Chief Executive Officer of EducatingNurses.com. She received the American Credentialing Center's Margretta Madden Style President's Leadership Award in October, 2023.



Andrew L. Brewer, MS, NBCHWC, RYT200, is the instructional technologist at Northwest AHEC. He is a board certified integrative wellness coach, a registered yoga teacher, a group fitness instructor, and an athlete. He produces online courses and hosts the *Healthcare Insights in Northwest North Carolina* podcast. He is a father of 4 children and has one grandchild.



Theresa Raphael-Grimm, PhD, PMHCNS-BC, is a practicing psychotherapist with 37 years of experience in individual and couple's therapy. She serves as the Associate Director of the Taking Care of Our Own Program in physician wellness in the UNC School of Medicine Department of Psychiatry. She is a seasoned, award-winning educator with a focus on interpersonal communication in healthcare. Her research interests include biases and stereotypes and their influence on patient-provider relationships.



Agenda

- 12:30 p.m. Login to Webinar
- 1:00 p.m. Novice to Expert and Clinical Reasoning
Patricia Benner, RN, Ph.D., FAAN
- 2:30 p.m. Break
- 2:45 p.m. Mindful Matters: Cultivating Calm and Building Resilience
Andrew L. Brewer, MS, NBCHWC, RYT200
- 3:30 p.m. Brief Break
- 3:35 p.m. Conflict Resolution and Communication Strategies
Theresa Rafael-Grimm, Ph.D., PMHCNS-BC
- 4:20 p.m. Wrap up and Adjourn

Registration

Click Here to Register

For registration questions, contact:

Brynne Spence, MS

Project Coordinator, Nursing

Wake Area Health Education Center

919-350-0462 or bspence@wakeahec.org

Fee: **\$20**

Credit

3.0 Contact Hours

3.0 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact Brynne Spence at 919-350-0462 or bspence@wakeahec.org at least five days prior to the event.