

Understanding MOST (Medical Orders for Scope of Treatment)

Description

This 2-part course is designed to create a better understanding of the MOST form and how it ties into advance care planning. Part 1 explains why MOST is an essential tool for knowing and honoring patient wishes at the end of life. Part 2 walks through how to complete the MOST form, section by section.

Target Audience

Physicians, physician assistants and nurse practitioners. Others who will benefit from the course are nurses, social workers, health educators, public health workers and chaplains.

Objectives

At the conclusion of this educational activity participants should be able to:

Part 1:

- Employ best practices for entering into conversations with patients and their loved ones about goals and health care wishes, especially at the end of life.
- Explain how MOST supports the needs of patients, their families and loved ones, providers, and the health care system.
- Describe gaps in treatment that MOST was designed to address.

Part 2:

- Distinguish between traditional advance directives and medical orders
- Explain how the MOST form provides increased specificity, portability, and translation of patient preferences into clinical practice
- Explain when to use the MOST form
- Use components of the MOST form during advance care planning discussions
- Complete and use each section of the MOST form
- Explain the guidelines for using copies and multiple versions of a MOST form
- Place the MOST form in the proper location

Participation

Completion of this 2-part online course will take approximately 1 hour (approximately 30 minutes for each part). It is recommended that you complete both courses, but it is not required. After satisfactorily completing the assessment, the participant will be directed to the evaluation and directions for downloading the certificate of credit (per each part of the course).

Accreditation

The Wake Area Health Education Center is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

The image shows a sample of the Medical Orders for Scope of Treatment (MOST) form. The form is titled "Medical Orders for Scope of Treatment (MOST)" and includes sections for patient information, cardiopulmonary resuscitation (CPR) preferences, medical interventions, antibiotics, and medically administered fluids and nutrition. It also includes a section for discussion with family and agreement by the patient or representative. The form is designed to be filled out by a physician and signed by the patient or their representative.

Disclosure

Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Faculty will also state when off-label or experimental drugs or devices are incorporated in their presentations.

Credit

The Wake Area Health Education Center designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (You will receive 0.5 credit for completing Part 1 and Part 2)

A participant must attend 100% of the activity to receive credit. No partial credit will be given.

Wake AHEC CEU: 0.1

Wake AHEC will provide 0.1 CEU to participants upon completion of this activity. No partial CEU will be given.

Wake AHEC Contact Hours: Wake AHEC will provide up to 0.5 Contact Hours to participants.

Other health professionals will receive Wake AHEC CEUs and a certificate of attendance from an AMA PRA Category 1™ activity. These certificates are accepted by the NC Boards for physician assistants, nurse practitioners and nurses. License requirements are subject to change. Wake AHEC recommends that participants contact their licensing boards for specific questions.

Disclaimer

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

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