



The 8th Annual Triangle Breastfeeding Alliance Conference:

Connecting the Dots to Provide Care

Thursday, May 13, 2010

Registration: 8:00am

Program: 8:30am - 4:30pm



Location

The Andrews Center
3024 New Bern Avenue
Raleigh, NC 27610

Directions and parking information will be mailed with your confirmation letter.

Program Description

This program is designed to meet the requests from healthcare professionals for evidence-based information to plan their care for breastfeeding mothers and their babies.

Target Audience

Healthcare professionals and community volunteers seeking to enhance their knowledge base and effectiveness in providing breastfeeding support

Objectives

At the conclusion of this activity, participants should be able to:

1. Describe the lives of teen mothers and identify strategies for providing breastfeeding support.
2. Develop strategies to manage problems with low milk supply.
3. Describe ways to assist African-American mothers to overcome barriers to breastfeeding.
4. Explain ethical considerations related to engorgement prevention and clinical management of breastfeeding mothers.
5. Analyze the connection between a mother's emotional state and her ability to breastfeed her baby.
6. Discuss what family members and others can do to support a breastfeeding mother.

Credit

IBLCE: 5 L CERPS and 1 E CERP

Wake AHEC has been granted approval as an Approved Provider of continuing education for lactation consultants by the International Board of Lactation Consultant Examiners.

Nursing: 6 CNE contact hours

Wake AHEC, Nursing Education, is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Wake AHEC CEU: 0.6 (6 contact hours)

A participant must attend 100% of the activity to receive credit.
No partial credit will be given.

Registration

Individual Registration: \$80; after 5/6/10 - \$95
Group Registration(5 or more registered at once): \$70; after 5/6/10 - \$85
(To receive the group rate, completed registrations must be submitted together via fax or US Mail. The group fee is not available online.)
Fee includes credit, certificate of completion, light refreshments and catered lunch.

Inclement Weather

Call 919-350-8547 for the inclement weather schedule.

Cancellations & Refunds

No refunds will be issued unless we are notified by 5pm, May 7, 2010. A \$30 cancellation fee will be deducted from your registration fee if a refund is issued. Substitutes are encouraged.

Agenda

8:30am	Opening <i>Sherika HiSmith George, MPH, BSN</i> Associate Director, Nursing Education Wake AHEC, Raleigh, NC
8:40	Welcome
8:50	The Real Deal: Teenagers, Mothering and Breastfeeding <i>Paige Hall Smith, PhD, MSPH</i> Director of the Center for Women's Health and Wellness UNC-Greensboro, Greensboro, NC
9:50	<i>Susan Cupito, MA, LPC</i> Program Director, Teen Parent Mentor Program YWCA of Greensboro, Greensboro, NC
10:05	Door Prizes/Exhibits/Networking Break
10:05	Got Enough Milk? Milk Supply Issues: Pumping, Infertility, Older Mothers and Adoptive Nursing <i>Diane Asbill, RN, IBCLC</i> Lactation Consultant for the Intensive Care Unit UNC Hospitals, Chapel Hill, NC
11:05	Door Prizes/Exhibits/Networking Break
11:15	Soul Food for Your Baby: Supporting African-American Breastfeeding Mothers <i>Elizabeth Woods, MA, MPH</i> Director Soul Food for Your Baby, Durham, NC
12:15pm	<i>Elizabeth Jensen, MPH</i> Project Coordinator UNC-Chapel Hill Gillings School of Global Public Health Department of Maternal and Child Health, Chapel Hill, NC
1:00	Lunch/Door Prizes/Exhibits/Networking Break
1:00	Customer Satisfaction from the Baby's Point of View: Developing an Engorgement Toolkit <i>Phyllis Kombol, MSN, RNC, IBCLC</i> Lactation Consultant Carolinas Medical Center-Northeast, Concord, NC
2:00	Exhibits/Networking Break
2:10	Postpartum Mood Disorders: Effect on Breastfeeding <i>Samantha Meltzer-Brody, MD, MPH</i> Assistant Professor, Psychiatry Department UNC Hospitals, Chapel Hill, NC
3:10	Exhibits/Networking Break
3:25	Postpartum Mood Disorders and Breastfeeding: The Role of Family and Social Support <i>Panel of mothers, fathers and other family members from Moms Supporting Moms</i> Moderators: <i>Anne Wimer, BA</i> Executive Director, Postpartum Education and Support Cary, NC
4:25	<i>Dori Pelz-Sherman, PhD</i> Parent Infant Mental Health Advisor Postpartum Education and Support Private Practice Clinical Psychologist, Cary, NC
4:30	Mary Rose Tully Tribute in Dance
4:30	Door Prizes/Evaluations/Adjourn

Register Online Today!
www.wakeahec.org

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PID#: (Last name + last 4 digits of Social Security #) If you have attended a Wake AHEC program in the last 6 months, we only need Your Personal ID (PID) number and a phone number. If there are changes to your personal data, please update your information below.

Dr. Mr. Mrs. Ms.



First Name MI Last Last 4 digits of SSN (required)

Clinical Specialty Degree(s)/Certification(s)

Employer Name Department Job Title

Home Address City State Zip County

Home Phone Work Phone

E-mail Address Fax

By providing your fax number, e-mail address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Payment Options *Payment or supervisor signature must accompany registration.*

- Check enclosed. (Make payable to Wake AHEC.)
Charge my: Corporate Card Personal card
Discover MasterCard VISA AMEX

Card # Exp. Date

Authorized Signature Name as it appears on card

Employer will make payment. Fax registration now.

Supervisor's name (please print) Title

Supervisor's signature Phone

By signing, I am certifying that agency payment will follow.

Register online at www.wakeahec.org • Registration Fax: 919-350-0467

or Mail to: Wake AHEC, Attn: Melissa Stills, 3261 Atlantic Avenue, Suite 212, Raleigh, NC 27604

For questions please call Melissa Stills at 919-350-0466.

